Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
1	566	SRINIVAS RAO N	1002	SID - II	45/Male	110/78 n	Ht.: 173 Wt.: 73	24.391	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
2	914	SHARANAPPA RATI	1009	SID	31/Male	118/72 n	Ht.: 165 Wt.: 66	24.242	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
3	778	SAI BABU N	1017	SID	46/Male	148/96 n	Ht.: 171 Wt.: 87	29.753	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Hypertension+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 4. Salt Restricted Diet 5. Periodic BP Monitoring 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
4	759	RAGHAVENDRA G	1019	ROLLING MILL	41/Male	124/80 n	Ht.: 160 Wt.: 65	25.391	'B' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG shows T inversion in I, II, aVL, V4, V5 and V6+Normal Chest - X ray	1. Resting ECG shows T inversion in I, II, aVL, V4, V5 and V6 - Refer to Cardiologist for Detailed Cardiac Evaluation 2. Periodic BP Monitoring 3. Salt Restricted Diet 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
5	303	MUKKOTI VENKATA SESHAIAH	1025	ROLLING MILL	39/Male	110/80 n	Ht.: 181 Wt.: 77	23.504	'O' NEGATIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

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24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
6	772	SATHISH G	1026	BENEFICIATION PLANT - I	43/Male	120/80 n	Ht.: 162 Wt.: 98	37.342	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray++	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
7	177	SATYANARAYANA T G	1045	IF	38/Male	130/80 n	Ht.: 162 Wt.: 51	19.433	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
8	986	VENKAT RAGHAVENDRA K	1049	FINANCE & ACCOUNTS	37/Male	100/70 n	Ht.: 163 Wt.: 76	28.605	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
9	356	LOHIT B R	1056	SID	33/Male	108/80 n	Ht.: 174 Wt.: 85	28.075	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
10	494	CHANDRASHEKAR G	1063	QUALITY ASSURANCE	36/Male	120/80 n	Ht.: 174 Wt.: 77	25.433	'B' NEGATIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
11	545	MOHAMMED ABDUL REHMAN	1064	SID	35/Male	120/84 n	Ht.: 176 Wt.: 65	20.984	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months

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Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
12	632	ARUN KUMAR J	1066	SID - II	35/Male	110/74 n	Ht.: 180 Wt.: 68	20.988	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
13	703	NAGARAJ SINGH B	1085	METALLURGICAL SERVICES	39/Male	128/86 n	Ht.: 149 Wt.: 65	29.278	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
14	863	DEVENDRA S	1090	SID	40/Male	100/66 n	Ht.: 169 Wt.: 54	18.907	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
15	19	JAHANGEER H	1091	HUMAN RESOURCES	50/Male	140/90 n	Ht.: 170 Wt.: 76	26.298	'B' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 8. Advised Care of Ears 9. Use Ear Plugs Regularly at Work Place

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24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
16	536	PRABHU GOUDA U	1101	SID	35/Male	120/76 n	Ht.: 167 Wt.: 84	30.119	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 4. Stop Chewing Tobacco
17	266	SHIVA KUMAR G L	1104	LOGISTICS	52/Male	138/86 n	Ht.: 168 Wt.: 75	26.573	'AB' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG shows RBBB Associated with T inversion in aVL, V2, V3 ,V5 and V6	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Resting ECG shows RBBB Associated with T inversion in aVL, V2, V3 ,V5 and V6 - Refer to Cardiologist for Detailed Cardiac Evaluation 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 9. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
18	154	PRANESH RAO K	1113	FINANCE & ACCOUNTS	39/Male	149/96 n	Ht.: 163 Wt.: 79	29.734	'O' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 8. Nutritious Diet Advised
19	562	SURESH KUMAR K	1115	ROLLING MILL	30/Male	120/80 n	Ht.: 176 Wt.: 86	27.763	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
20	299	KRISTAPPA	1119	IF	43/Male	110/70 n	Ht.: 157 Wt.: 50	20.285	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
21	601	VEENA G M	1121	HUMAN RESOURCES	35/Female	100/68 n	Ht.: 151 Wt.: 52	22.806	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
22	627	BALAKRISHNA B	1124	POWER PLANT - 95 MW	46/Male	126/80 n	Ht.: 170 Wt.: 66	22.837	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

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Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
23	604	SRINIVAS K	1136	IT	34/Male	120/80 n	Ht.: 168 Wt.: 100	35.431	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
24	142	CHANDRASHEKAR V	1146	FINANCE & ACCOUNTS	39/Male	148/98 n	Ht.: 174 Wt.: 74	24.442	'B' POSITIVE	PFT:Normal Spirometry	Hypertension+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring
25	748	SRINIVAS RAO M	1156	PR & LAISIONIN G	46/Male	110/70 n	Ht.: 188 Wt.: 98	27.727	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
26	286	SURENDRA SINGH	1172	IF	49/Male	100/66 n	Ht.: 174 Wt.: 72	23.781	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
27	121	BABA SAHEB	1181	ROLLING MILL	46/Male	130/84 n	Ht.: 167 Wt.: 72	25.817	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Stop Smoking

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24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
28	887	SREENIVASA G	1187	ROLLING MILL	38/Male	132/80 n	Ht.: 172 Wt.: 85	28.732	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
29	568	GURURAJ C K	1195	IF	49/Male	122/80 n	Ht.: 165 Wt.: 55	20.202	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
30	612	GOPAL RAO H K	1206	METALLURGICAL SERVICES	45/Male	152/96 n	Ht.: 166 Wt.: 70	25.403	'O' POSITIVE	PFT:Normal Spirometry	Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
31	109	PERUMAL K K	1209	ROLLING MILL	48/Male	100/66 n	Ht.: 158 Wt.: 65	26.037	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Plenty of Oral Fluids

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24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
32	908	YERISWAMY S	1211	IF	54/Male	158/100	Ht.: 170 Wt.: 92	31.834	'O' POSITIVE	PFT:Normal Spirometry	Uncontrolled Hypertension+Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Chest X - ray shows Bronchitis	1. Uncontrolled Hypertension - Refer to Physician for Immediate Management of Uncontrolled Hypertension. 2. Fitness Opinion to be given after his Hypertension status is relatively normal 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months 7. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 8. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 9. Chest X - ray shows Bronchitis - Refer to Cardiologist for Further Evaluation & Treatment
33	145	NARASIMHULU G	1226	FINANCE	36/Male	140/90 n	Ht.: 172 Wt.: 72	24.337	'O' POSITIVE	PFT:Normal Spirometry	Hyperglycemic Status+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised HBA1C - Test for Evaluation of Diabetes Mellitus Status 2. Salt Restricted Diet
34	297	VENKATESH JOSHI	1235	POWER PLANT - 1	46/Male	136/84 n	Ht.: 175 Wt.: 75	24.490	'O' POSITIVE	PFT:Severe Obstruction	Refractive Error (NV) - Correction Given+Severe Obstruction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).

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24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

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SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
35	858	NINGAPPA A	1239	SID	45/Male	130/90 n	Ht.: 165 Wt.: 64	23.508	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet
36	660	PADAM JAIN	1241	MARKETIN G	36/Male	106/74 n	Ht.: 172 Wt.: 65	21.971	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Chewing Tobacco 2. Clinically Healthy
37	383	NAGARAJ	1242	MARKETIN G	35/Male	116/80 n	Ht.: 168 Wt.: 69	24.447	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
38	740	G SURESH BABU	1243	PURCHASE	37/Male	90/60 mı	Ht.: 173 Wt.: 79	26.396	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Plenty of Oral Fluids 4. Clinically Healthy
39	68	NAGARAJ N	1244	STORES	32/Male	140/90 n	Ht.: 171 Wt.: 68	23.255	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Clinically Healthy
40	602	MAMATHA B S	1246	HUMAN RESOURCES	33/Female	110/70 n	Ht.: 145 Wt.: 53	25.208	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

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24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
41	216	RAJU KUSHWAHA	1248	ROLLING MILL	34/Male	108/70 n	Ht.: 154 Wt.: 60	25.299	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
42	215	SHARIF KHAN	1249	ROLLING MILL	34/Male	118/72 n	Ht.: 169 Wt.: 72	25.209	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Periodic Eye Check Up Once in Six Months 4. Clinically Healthy
43	31	SUJITH KUMAR	1251	ROLLING MILL	31/Male	118/70 n	Ht.: 174 Wt.: 52	17.175	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
44	195	MURALIDHARA H C	1257	QUALITY ASSURANCE - ROLLING MILL	34/Male	120/80 n	Ht.: 168 Wt.: 65	23.030	'O' NEGATIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
45	33	RAJA BASHAVALI	1259	ROLLING MILL	31/Male	118/80 n	Ht.: 168 Wt.: 87	30.825	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
46	79	MANJUNATH G	1265	SID - III	35/Male	130/80 n	Ht.: 169 Wt.: 97	33.962	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

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Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
47	657	ATMASWAROOP R	1267	SID	36/Male	140/90 n	Ht.: 171 Wt.: 76	25.991	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Clinically Healthy
48	737	NAGARAJA K	1273	QUALITY ASSURANC E - SID	43/Male	120/70 n	Ht.: 173 Wt.: 70	23.389	'O' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months
49	622	ANJINAPPA K	1279	BENEFICIA TION PLANT - I	41/Male	110/70 n	Ht.: 172 Wt.: 68	22.985	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
50	153	NARESH BABU G	1280	SID - 1	33/Male	128/80 n	Ht.: 162 Wt.: 64	24.387	'B' POSITIVE	PFT:Normal Spirometry	Diabetes Mellitus+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Fasting Blood Sugar(12 hours fasting) & Post Prandial Blood Sugar(FBS/PPBS). 2. Advised to Avoid High Carbohydrates/High Protein Diet 3. Advised to Consume Plenty of Green leafy Vegetables. 4. Walk Regularly
51	403	RAMAKRISHNA M	1281	SID	36/Male	112/74 n	Ht.: 158 Wt.: 57	22.833	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
52	851	RAGHAVENDRA S	1284	SMS	37/Male	120/80 n	Ht.: 168 Wt.: 70	24.802	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
53	246	BASAVARAJ G	1285	IF	56/Male	140/94 n	Ht.: 164 Wt.: 59	21.936	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet
54	607	PUTTAPPA S R	1294	IF	52/Male	130/84 n	Ht.: 160 Wt.: 71	27.734	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Stop Smoking
55	728	RADHAKRISHNA J R	1296	IF	56/Male	120/76 n	Ht.: 166 Wt.: 65	23.588	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
56	468	VENKOBA KANDAPPA	1351	PROJECT	30/Male	120/84 n	Ht.: 166 Wt.: 70	25.403	'A' POSITIVE	PFT:Mild Restriction	Known Diabetes Mellitus+Refractive Error (DV) - Correction Given+Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 9. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 10. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 11. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 12. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
57	92	RAJAPPA	1352	ENVIRONMENT	38/Male	110/70 n	Ht.: 163 Wt.: 61	22.959	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place
58	263	YAMANURAPPA	1353	ENVIRONMENT	41/Male	100/68 n	Ht.: 151 Wt.: 55	24.122	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
59	93	DEVENDRAPPA	1354	ENVIRONMENT	29/Male	140/90 n	Ht.: 165 Wt.: 62	22.773	'B' POSITIVE	PFT:Normal Spirometry	Anemia+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Refer to Physician Treatment for Anemia 2. Nutritious Diet Advised 3. Deworming Advised Tab. Albendazole-400mg Stat 4. Salt Restricted Diet 5. Stop Chewing Tobacco
60	204	HARISHA A	1355	MRSS	33/Male	130/80 n	Ht.: 170 Wt.: 70	24.221	'O' NEGATIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly
61	236	ANAND B G	1356	OXYGEN PLANT & UTILITY	41/Male	142/94 n	Ht.: 171 Wt.: 74	25.307	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
62	687	VASANTH REDDY	1357	QUALITY ASSURANCE	40/Male	122/80 n	Ht.: 158 Wt.: 66	26.438	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
63	439	SRINIVAS K	1359	MRSS	42/Male	108/72 n	Ht.: 167 Wt.: 66	23.665	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
64	260	RAJESHWARI S	1360	ADMIN	32/Female	110/76 n	Ht.: 161 Wt.: 64	24.690	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
65	289	HANUMANTHAPPA S H	1361	ACCOUNTS	43/Male	100/70 n	Ht.: 160 Wt.: 56	21.875	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
66	762	PERISWAMY BABU	1363	QUALITY ASSURANC E	48/Male	144/92 n	Ht.: 163 Wt.: 65	24.465	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet
67	950	HULUGAPPA M S	1365	POWER PLANT - 2X70	28/Male	140/90 n	Ht.: 172 Wt.: 73	24.676	'O' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Salt Restricted Diet
68	392	AMARESH D	1366	STORES	36/Male	140/94 n	Ht.: 166 Wt.: 72	26.129	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
69	855	DODDAPPA K	1368	UTILITY	39/Male	140/92 n	Ht.: 169 Wt.: 64	22.408	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Stop Chewing Tobacco 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
70	21	MOHAMMED RAFI	1369	QUALITY ASSURANCE	39/Male	140/90 n	Ht.: 170 Wt.: 63	21.799	'A' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Stop Chewing Tobacco
71	206	PRAKASH B	1370	UTILITY	39/Male	124/80 n	Ht.: 165 Wt.: 61	22.406	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
72	433	P SANGAPPA	1371	METALLERGICAL SERVICES	44/Male	124/76 n	Ht.: 170 Wt.: 75	25.952	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Nutritious Diet Advised
73	590	A NINGAPPA	1372	SMS	47/Male	138/92 n	Ht.: 161 Wt.: 65	25.076	'O' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Overweight+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Salt Restricted Diet 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 8. Wear Spectacles Regularly 9. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
74	240	GOVINDRAJ S	1374	QUALITY ASSURANCE	43/Male	128/84 n	Ht.: 158 Wt.: 65	26.037	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
75	113	RUDRA SWAMY K M	1375	STORE	42/Male	128/76 n	Ht.: 167 Wt.: 75	26.892	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours.
76	956	VENKATESH S	1377	UTILITY	34/Male	112/74 n	Ht.: 171 Wt.: 73	24.965	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
77	88	RANJAY KUMAR GUPTA	1378	IF	29/Male	120/80 n	Ht.: 164 Wt.: 62	23.052	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
78	256	RAMAPPA V	1381	IF	46/Male	116/78 n	Ht.: 169 Wt.: 57	19.957	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
79	251	VISHWANATH T	1383	ROLLING MILL	47/Male	108/70 n	Ht.: 163 Wt.: 54	20.324	'O' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Mild High Frequency Hearing Loss+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Advised Care of Ears 9. Use Ear Plugs Regularly at Work Place
80	796	BASAVARAJ U	1387	POWER PLANT - 95MW	34/Male	124/72 n	Ht.: 172 Wt.: 92	31.098	'A' POSITIVE	PFT:Mild Restriction	Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Clinically Healthy
81	526	BIRESH KUMAR YADAV	1388	IF	34/Male	110/80 n	Ht.: 168 Wt.: 60	21.259	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Care of Ears 2. Use Ear Plugs Regularly at Work Place 3. Stop Smoking

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
82	178	NAGAPPA D S	1389	IF	30/Male	98/70 mr	Ht.: 160 Wt.: 71	27.734	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Plenty of Oral Fluids 4. Clinically Healthy
83	87	ASHOK YADAV	1391	IF	39/Male	140/90 n	Ht.: 162 Wt.: 80	30.483	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet 6. Stop Smoking
84	819	KANAKAPPA B	1393	SMS	38/Male	120/80 n	Ht.: 169 Wt.: 60	21.008	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
85	407	ARBIND SINGH	1394	IF	32/Male	126/78 n	Ht.: 167 Wt.: 63	22.590	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Chewing Tobacco 2. Clinically Healthy
86	955	SAGAR SINGH	1395	IF	37/Male	106/66 n	Ht.: 170 Wt.: 72	24.913	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
87	625	MALLIKARJUN M	1397	METALLURGICAL SERVICES	30/Male	108/76 n	Ht.: 164 Wt.: 69	25.654	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
88	828	FRANG	1398	IF	30/Male	120/76 n	Ht.: 170 Wt.: 97	33.564	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
89	525	MANJUNATHAN T	1399	IF	35/Male	104/70 n	Ht.: 172 Wt.: 68	22.985	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
90	98	MYLAPPA B	1400	RMHD	38/Male	130/80 n	Ht.: 175 Wt.: 73	23.837	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
91	422	ABDUL GAFOOR S	1401	UTILITY	47/Male	110/76 n	Ht.: 163 Wt.: 76	28.605	'A' POSITIVE	PFT:Normal Spirometry	Diabetes Mellitus+Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Fasting Blood Sugar(12 hours fasting) & Post Prandial Blood Sugar(FBS/PPBS). 2. Advised to Avoid High Carbohydrates/High Protein Diet 3. Advised to Consume Plenty of Green leafy Vegetables. 4. Walk Regularly 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months 7. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 8. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
92	205	DYAMAPPA M	1402	UTILITY	30/Male	100/70 n	Ht.: 167 Wt.: 70	25.100	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
93	384	GANGAPPA N	1403	IF	37/Male	142/90 n	Ht.: 177 Wt.: 74	23.620	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Chewing Tobacco 2. Salt Restricted Diet 3. Clinically Healthy
94	345	BASAVARAJ K	1404	BENEFICIATION PLANT - II	32/Male	128/80 n	Ht.: 168 Wt.: 64	22.676	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
95	984	KHADAR BASHA C	1405	IF	36/Male	102/74 n	Ht.: 156 Wt.: 48	19.724	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
96	827	THIPPESWAMY K	1406	IF	35/Male	94/66 mr	Ht.: 166 Wt.: 65	23.588	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
97	649	KOTRESHA V M	1407	SMS	42/Male	98/60 mr	Ht.: 167 Wt.: 74	26.534	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Plenty of Oral Fluids
98	414	IBRAHIMSAB G	1408	BAR MILL	43/Male	130/80 n	Ht.: 163 Wt.: 64	24.088	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
99	85	SURESH B S	1409	IF	39/Male	144/90 n	Ht.: 171 Wt.: 84	28.727	'O' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 6. Salt Restricted Diet
100	709	SANTHOSH KUMAR Y	1411	IF	31/Male	116/78 n	Ht.: 168 Wt.: 68	24.093	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
101	760	RANJAN KUMAR B	1413	SMS	38/Male	120/76 n	Ht.: 164 Wt.: 66	24.539	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
102	325	ABHAY BISWAL	1414	IF	32/Male	110/70 n	Ht.: 178 Wt.: 75	23.671	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
103	410	MANNAPPA K	1417	UTILITY	38/Male	114/74 n	Ht.: 166 Wt.: 72	26.129	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
104	691	BASAVARAJ AMATHI	1418	UTILITY	37/Male	124/76 n	Ht.: 168 Wt.: 63	22.321	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
105	531	VINOD KUMAR G	1419	SID	37/Male	112/74 n	Ht.: 168 Wt.: 73	25.865	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
106	518	HEMANANDA	1421	ROLLING MILL	38/Male	100/66 n	Ht.: 164 Wt.: 72	26.770	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
107	448	RAMESH K	1422	SID	30/Male	110/70 n	Ht.: 165 Wt.: 53	19.467	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
108	745	SARAVANAN P	1423	UTILITY	42/Male	132/90 n	Ht.: 159 Wt.: 72	28.480	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
109	960	KASIM ALI M	1424	IF	33/Male	110/82 n	Ht.: 170 Wt.: 59	20.415	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
110	645	HANUMANTHAPPA B	1425	RMHS	43/Male	124/72 n	Ht.: 167 Wt.: 66	23.665	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
111	105	HANUMANTHAPPA M M	1426	IF	43/Male	116/72 n	Ht.: 178 Wt.: 68	21.462	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place
112	679	MANJUNATH G	1427	IF	37/Male	104/68 n	Ht.: 162 Wt.: 45	17.147	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised 4. Stop Chewing Tobacco
113	401	MANOJ KUMAR YADAV	1429	SMS	29/Male	118/70 n	Ht.: 175 Wt.: 74	24.163	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
114	563	HANUMANTHAPPA L	1430	RMHS	29/Male	110/70 n	Ht.: 171 Wt.: 50	17.099	'O' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Nutritious Diet Advised
115	560	KARIYAPPA T	1431	IF	36/Male	114/70 n	Ht.: 153 Wt.: 53	22.641	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
116	708	KUMAR S	1432	IF	33/Male	108/68 n	Ht.: 166 Wt.: 65	23.588	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
117	456	SOMASHEKAR K	1433	SID	44/Male	108/70 n	Ht.: 168 Wt.: 58	20.550	'O' POSITIVE	PFT:Mild Restriction	Refractive Error (DV & NV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
118	575	GOVINDARAJ B	1434	UTILITY	52/Male	130/84 n	Ht.: 156 Wt.: 51	20.957	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
119	200	VEERANNA GADAGI	1436	ROLLING MILL	38/Male	148/96 n	Ht.: 163 Wt.: 70	26.346	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Clinically Healthy
120	166	PARASAPPA	1439	STORES	30/Male	118/80 n	Ht.: 176 Wt.: 69	22.275	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
121	298	NOUSHAD J ATTAR	1440	IF	38/Male	114/80 n	Ht.: 164 Wt.: 56	20.821	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
122	250	SHANAWAJ	1441	IF	38/Male	110/70 n	Ht.: 171 Wt.: 60	20.519	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
123	269	DILSHAD BEGUM	1443	FINANCE & ACCOUNTS	43/Female	108/72 n	Ht.: 160 Wt.: 64	25	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
124	342	BULLANA GOWDA M	1445	RMHS	42/Male	112/74 n	Ht.: 166 Wt.: 61	22.137	'B' POSITIVE	PFT:Normal Spirometry	Hyperglycemic Status+Refractive Error (DV) - Correction Given+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised HBA1C - Test for Evaluation of Diabetes Mellitus Status 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Care of Ears 5. Use Ear Plugs Regularly at Work Place
125	615	BRIJ KUMAR YADAV	1446	IF	35/Male	126/74 n	Ht.: 166 Wt.: 66	23.951	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
126	7	MAHABOOB SAHEB	1447	ADMIN	44/Male	90/60 mr	Ht.: 162 Wt.: 65	24.768	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
127	258	LINGAMURTHY	1448	STORES	48/Male	120/80 n	Ht.: 168 Wt.: 74	26.219	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised Care of Ears 6. Use Ear Plugs Regularly at Work Place
128	160	MANJUNATH D	1449	ROLLING MILL	30/Male	134/86 n	Ht.: 168 Wt.: 71	25.156	'AB' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
129	631	MOHAMMAD YAKUB	1451	SID	39/Male	100/70 n	Ht.: 165 Wt.: 61	22.406	'B' POSITIVE	PFT:Severe Restriction	Severe Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Nutritious Diet Advised

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
130	100	H HANUMAPPA	1452	STORES	33/Male	106/70 n	Ht.: 166 Wt.: 52	18.871	'B' POSITIVE	PFT:Mild Obstruction	Refractive Error (DV) - Correction Given+Mild Obstruction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Nutritious Diet Advised
131	765	JEELAN BASHA	1453	SID - I	30/Male	106/70 n	Ht.: 166 Wt.: 64	23.225	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
132	570	MAHENDRA SINGH	1455	BENEFICIATION PLANT - I	54/Male	140/94 n	Ht.: 172 Wt.: 87	29.408	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) +Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Refer to Eye Specialist for Distant Vision & Near Vision Correction 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 6. Salt Restricted Diet
133	726	VEERABADRAPPA B	1456	UTILITY	33/Male	126/84 n	Ht.: 161 Wt.: 74	28.548	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Nutritious Diet Advised 4. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
134	516	GOUTHAM YADAV	1457	SMS	33/Male	128/84 n	Ht.: 167 Wt.: 45	16.135	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
135	180	MANOJ KUMAR	1458	IF	31/Male	100/74 n	Ht.: 167 Wt.: 63	22.590	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
136	409	NAGENDRA KUMAR	1459	IF	29/Male	136/86 n	Ht.: 167 Wt.: 59	21.155	'O' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Stop Chewing Tobacco 5. Clinically Healthy
137	561	VIJAYENDRA D	1460	ROLLING MILL	36/Male	104/76 n	Ht.: 169 Wt.: 55	19.257	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Care of Ears 2. Use Ear Plugs Regularly at Work Place 3. Nutritious Diet Advised
138	965	SARVESHWARA REDDY	1461	POWER PLANT - 95 MW	38/Male	122/78 n	Ht.: 176 Wt.: 78	25.181	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
139	173	ANJINAPPA B	1462	IF	38/Male	126/82 n	Ht.: 163 Wt.: 71	26.723	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
140	272	RAMAPPA K	1466	QUALITY ASSURANCE	41/Male	140/94 n	Ht.: 180 Wt.: 83	25.617	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Right Sided Mild Mixed Hearing Loss+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Refer to ENT Specialist for Evaluation of Hearing 6. Advised Care of Ears 7. Use Ear Plugs Regularly at Work Place 8. Salt Restricted Diet
141	221	KANDEPPA BARIKER	1468	RMHD	37/Male	118/80 n	Ht.: 176 Wt.: 70	22.598	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Care of Ears 2. Use Ear Plugs Regularly at Work Place 3. Nutritious Diet Advised
142	66	RANJEETH NAIDU T	1469	STORES	35/Male	108/74 n	Ht.: 165 Wt.: 84	30.854	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place
143	581	SRIKANTH GOTUR	1471	SID - I & II	40/Male	162/100	Ht.: 160 Wt.: 71	27.734	'AB' POSITIVE	PFT:Normal Spirometry	Uncontrolled Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Uncontrolled Hypertension - Refer to Physician for Immediate Management of Uncontrolled Hypertension. 2. Fitness Opinion to be given after his Hypertension status is relatively normal 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months 7. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 8. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
144	106	GOVINDAPPA	1472	IF	51/Male	110/80 n	Ht.: 159 Wt.: 61	24.129	'O' POSITIVE	PFT:Moderate Restriction	Known Hypertension+Known Diabetes Mellitus+Refractive Error (NV) - Correction Given+Moderate Restriction+Bilateral Hearing Within Normal Limits+Resting ECG shows RBBB+Chest X - ray shows Bronchitis	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 5. Periodic Consultation with the Physician/Diabetologist 6. Advised to Avoid High Carbohydrates / High Protein Diet 7. Advised to Consume Plenty of Green leafy Vegetables. 8. Resting ECG shows RBBB - Refer to Cardiologist for Detailed Cardiac Evaluation 9. Wear Spectacles Regularly 10. Periodic Eye Check Up Once in Six Months 11. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 12. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 13. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 14. Chest X - ray shows Bronchitis - Refer to Cardiologist for Further Evaluation & Treatment
145	340	IBRAHIM D	1473	I & F	33/Male	130/80 n	Ht.: 168 Wt.: 71	25.156	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
146	696	SHIVA KUMAR A	1474	POWER PLANT - 95 MW	30/Male	120/80 n	Ht.: 177 Wt.: 82	26.174	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
147	440	SIKANDAR BASHA N	1475	SAFETY	38/Male	120/80 n	Ht.: 172 Wt.: 68	22.985	'O' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Clinically Healthy
148	59	SHIVA MURTHYAIAH D M	1476	BAR MILL	34/Male	110/70 n	Ht.: 166 Wt.: 66	23.951	'B' NEGATIVE	PFT:Normal Spirometry	Loss of Vision - Right Eye+Hyperglycemic Status+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. FIT TO WORK IN NONHAZARDOUS AREAS WHICH INVOLVE INSPECTION PROCESS/DANGEROUS PROCESS AS THE FIELD OF VISION IS RESTRICTED 2. Advised FBS/PPBS 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place
149	467	MUNEER BASHA	1478	SID	31/Male	130 /84 r	Ht.: 168 Wt.: 82	29.053	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
150	436	NAZEER AHAMED D	1479	ROLLING MILL	44/Male	122/80 n	Ht.: 161 Wt.: 65	25.076	'A' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
151	43	AMARESH KATTIMANI	1481	STORES	34/Male	108/74 n	Ht.: 161 Wt.: 75	28.934	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
152	45	MASTAN VALI	1484	ROLLING MILL	51/Male	146/94 n	Ht.: 161 Wt.: 78	30.091	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised Care of Ears 6. Use Ear Plugs Regularly at Work Place 7. Salt Restricted Diet 8. Periodic BP Monitoring
153	228	SOMAPPA G S	1485	IF	30/Male	100/70 n	Ht.: 176 Wt.: 93	30.023	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
154	656	ALTHAF T	1486	ROLLING MILL	38/Male	118/72 n	Ht.: 162 Wt.: 56	21.338	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**
Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
155	931	HULUGAPPA D	1487	SMS	30/Male	100/68 n	Ht.: 167 Wt.: 64	22.948	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
156	580	SRINIVAS K	1488	STORES	40/Male	114/76 n	Ht.: 169 Wt.: 71	24.859	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
157	898	VEERESH B	1490	RANJITHPUR	38/Male	110/82 n	Ht.: 166 Wt.: 59	21.411	'O' POSITIVE	PFT:Moderate Restriction	Moderate Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 3. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 4. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 5. Stop Chewing Tobacco 6. Clinically Healthy
158	820	MAHAVEER SINGH	1492	SMS	34/Male	112/74 n	Ht.: 174 Wt.: 57	18.827	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
159	743	BALAKRISHNA A	1493	SMS	31/Male	90/66 mr	Ht.: 164 Wt.: 50	18.590	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Plenty of Oral Fluids 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
160	222	ANWAR BASHA K	1495	RMHS	42/Male	108/70 n	Ht.: 161 Wt.: 51	19.675	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
161	213	MUNISWAMY B	1497	SID - II 3 & 4	32/Male	140/90 n	Ht.: 159 Wt.: 58	22.942	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet
162	524	HANUMANTHAPPA B	1499	SID	32/Male	88/60 mr	Ht.: 171 Wt.: 68	23.255	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
163	482	DYAMANNA M	1501	PELLET PLANT - I	35/Male	114/80 n	Ht.: 168 Wt.: 64	22.676	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
164	237	GIRIDHARA B	1502	POWER PLANT - 95MW	53/Male	102/70 n	Ht.: 165 Wt.: 65	23.875	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
165	321	ANWAR BASHA M	1503	SAFETY	37/Male	116/80 n	Ht.: 185 Wt.: 90	26.297	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
166	476	SATISH KUMAR	1506	ROLLING MILL	33/Male	110/70 n	Ht.: 171 Wt.: 76	25.991	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
167	861	BEEN KUMAR YADAV	1507	ROLLING MILL	42/Male	118/74 n	Ht.: 180 Wt.: 85	26.235	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
168	672	NEERAJ SINGH	1508	ROLLING MILL	35/Male	106/78 n	Ht.: 169 Wt.: 75	26.260	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
169	6	MUNNA LAL	1509	RML	39/Male	118/80 n	Ht.: 162 Wt.: 69	26.292	'B' POSITIVE	PFT:Mild Restriction	Overweight+Refractive Error (DV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Wear Spectacles Regularly 4. Periodic Eye Check Up Once in Six Months 5. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 6. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 7. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
170	55	TIPPA NAIK D	1510	ROLLING MILL	37/Male	118/74 n	Ht.: 169 Wt.: 65	22.758	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
171	135	VIJAY SHARMA	1511	ROLLING MILL	42/Male	120/80 n	Ht.: 163 Wt.: 72	27.099	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Stop Smoking
172	746	RAM NARAYAN RAI	1512	ROLLING MILL	45/Male	86/56 mr	Ht.: 167 Wt.: 66	23.665	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
173	32	MUNNA KUMAR	1513	ROLLING MILL	32/Male	106/70 n	Ht.: 164 Wt.: 69	25.654	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Stop Smoking
174	29	AKILASH RAI	1516	ROLLING MILL	36/Male	110/70 n	Ht.: 169 Wt.: 67	23.459	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
175	34	SATHYANANDA	1517	ROLLING MILL	32/Male	112/74 n	Ht.: 166 Wt.: 60	21.774	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
176	502	NEMYA NAIK S	1519	ROLLING MILL	35/Male	118/80 n	Ht.: 160 Wt.: 58	22.656	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
177	869	SUNIL YADAV	1520	ROLLING MILL	41/Male	110/80 n	Ht.: 175 Wt.: 62	20.245	'B' POSITIVE	PFT:Severe Restriction	Severe Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Chest X - ray Shows Pulmonary Koch's in Left Midzone	1. Chest X - ray Shows Pulmonary Koch's in Left Midzone - Refer to Chest Physician for Further Evaluation & Treatment 2. Advised Sputum for AFB 3. Refer to DOTS Center for Evaluation 4. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 5. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 6. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
178	665	YERISWAMY G	1521	PELLET PLANT - I	43/Male	148/96 n	Ht.: 161 Wt.: 69	26.619	'B' POSITIVE	PFT:Normal Spirometry	Hypertension+Overweight+ Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months
179	35	MANNA RAM	1522	ROLLING MILL	35/Male	112/82 n	Ht.: 171 Wt.: 63	21.545	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Chewing Tobacco 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
180	365	ALLABAKASH J	1524	BENEFICIATION PLANT - I & II	34/Male	110/74 n	Ht.: 178 Wt.: 75	23.671	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
181	12	RAM SAGAR	1525	RML	41/Male	140/90 n	Ht.: 175 Wt.: 82	26.776	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised Care of Ears 6. Use Ear Plugs Regularly at Work Place 7. Salt Restricted Diet
182	343	TARACHAND S	1526	BENEFICIATION PLANT - I & II	38/Male	108/70 n	Ht.: 167 Wt.: 77	27.609	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
183	587	A JAMBAIAH	1528	METALLURGICAL SERVICES	54/Male	110/70 n	Ht.: 164 Wt.: 54	20.077	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
184	396	DODDABASAVARAJ N	1530	ROLLING MILL	36/Male	128/82 n	Ht.: 172 Wt.: 80	27.042	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
185	547	KOTEPPA G	1531	LOGISTICS	32/Male	110/70 n	Ht.: 163 Wt.: 68	25.594	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Left Sided Mild Mixed Hearing Loss	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Refer to ENT Specialist for Evaluation of Hearing 4. Advised Care of Ears 5. Use Ear Plugs Regularly at Work Place
186	86	HANUMANTHAPPA H	1532	SID	31/Male	140/90 n	Ht.: 167 Wt.: 56	20.080	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Clinically Healthy
187	890	PAMPAPATHI H	1534	ADMINISTRATION	39/Male	84/56 mr	Ht.: 162 Wt.: 59	22.481	'O' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Plenty of Oral Fluids
188	803	VEERESH S	1536	IF	33/Male	140/90 n	Ht.: 157 Wt.: 60	24.342	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Salt Restricted Diet 2. Clinically Healthy
189	120	VENKATESH K	1537	STORES	46/Male	120/80 n	Ht.: 161 Wt.: 61	23.533	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error+Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. No Improvement with Correction - Refer to Eye Specialist for Further Evaluation 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Care of Ears 5. Use Ear Plugs Regularly at Work Place

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
190	139	PAKEERAPPA H	1538	I & A	33/Male	116/78 n	Ht.: 173 Wt.: 76	25.393	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
191	282	NAGARAJA K	1539	I & A	30/Male	120/80 n	Ht.: 176 Wt.: 70	22.598	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
192	454	ERANNA K	1540	QUALITY ASSURANCE	43/Male	120/80 n	Ht.: 168 Wt.: 84	29.762	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
193	319	SAKARAPPA A	1541	QUALITY ASSURANCE	38/Male	110/72 n	Ht.: 164 Wt.: 54	20.077	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
194	322	SURYAPRAKASH R	1543	SID	41/Male	144/92 n	Ht.: 182 Wt.: 76	22.944	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Clinically Healthy
195	872	ANAND S	1544	ADMIN	43/Male	116/82 n	Ht.: 166 Wt.: 66	23.951	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
196	40	GOWRISHA M	1545	ROLLING MILL	29/Male	114/70 n	Ht.: 156 Wt.: 54	22.189	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
197	47	RAJA M	1546	BENEFICIATION PLANT - I	30/Male	124/82 n	Ht.: 164 Wt.: 56	20.821	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Nutritious Diet Advised
198	674	BASAVARAJ M	1547	RMHS	33/Male	110/80 n	Ht.: 161 Wt.: 56	21.604	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
199	94	KRISHNA M	1548	ENVIRONMENT	34/Male	140/90 n	Ht.: 156 Wt.: 71	29.175	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Clinically Healthy
200	115	BHARAMAPPA	1549	ADMIN	55/Male	100/68 n	Ht.: 165 Wt.: 55	20.202	'O' POSITIVE	PFT:Mild Restriction	Refractive Error (DV & NV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Chest X - ray shows Bronchitis++	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Chest X - ray shows Bronchitis - Refer to Cardiologist for Further Evaluation & Treatment 7. Plenty of Oral Fluids

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
201	435	LINGAPPA R B	1550	ENVIRONMENT	41/Male	130/84 n	Ht.: 161 Wt.: 61	23.533	'B' POSITIVE	PFT:Normal Spirometry	Hyperglycemic Status+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised FBS/PPBS 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months
202	815	RAMAPPA H	1551	PURCHASE	38/Male	100/68 n	Ht.: 169 Wt.: 67	23.459	'A' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Clinically Healthy
203	515	ADIVEPPA H	1553	I & F	38/Male	124/80 n	Ht.: 165 Wt.: 62	22.773	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Stop Chewing Tobacco
204	779	PAKKIR SWAMY N	1554	I & A	31/Male	100/64 n	Ht.: 168 Wt.: 70	24.802	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
205	44	AYYAPPA M	1555	I & A	31/Male	114/72 n	Ht.: 156 Wt.: 62	25.477	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
206	693	SIDDAPPA H	1556	METALLURGICAL SERVICES	39/Male	100/70 n	Ht.: 165 Wt.: 65	23.875	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
207	176	GAVISIDDAPPA K	1560	RMHS	34/Male	110/70 n	Ht.: 170 Wt.: 69	23.875	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
208	346	DAYANANDA E	1561	IF	36/Male	116/80 n	Ht.: 165 Wt.: 61	22.406	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
209	67	SHIVAJI RAO A S	1562	STORES	36/Male	126/80 n	Ht.: 167 Wt.: 76	27.251	'AB' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
210	626	GOVINDAPPA G	1564	METALLURGICAL SERVICES	39/Male	94/66 mr	Ht.: 165 Wt.: 65	23.875	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
211	520	GALEPPA L	1566	SID	32/Male	144/92 n	Ht.: 167 Wt.: 70	25.100	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Stop Chewing Tobacco 4. Salt Restricted Diet 5. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
212	279	HANUMANTHAPPA A	1567	SID - QA	51/Male	144/100	Ht.: 158 Wt.: 49	19.628	'A' POSITIVE	PFT:Normal Spirometry	Hypertension+Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Nutritious Diet Advised
213	352	MANJUNATHA P	1568	BENEFICIATION PLANT - I	32/Male	110/70 n	Ht.: 170 Wt.: 74	25.606	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
214	595	DADAKHALNDAR	1570	IT	35/Male	106/70 n	Ht.: 166 Wt.: 64	23.225	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
215	593	KRISHNA RAO	1571	SID - II	41/Male	94/66 mr	Ht.: 165 Wt.: 57	20.937	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
216	469	MALLAPPA K	1573	RMHD	43/Male	114/76 n	Ht.: 174 Wt.: 62	20.478	'B' POSITIVE	PFT:Mild Restriction	Refractive Error (DV & NV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
217	944	ANJINI L	1574	SMS	34/Male	130/80 n	Ht.: 166 Wt.: 75	27.217	'A' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Overweight+ Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
218	940	VISHWANATHA L	1575	UTILITY	33/Male	120/80 n	Ht.: 169 Wt.: 65	22.758	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
219	203	RAMESHA V	1576	IF	31/Male	128/82 n	Ht.: 164 Wt.: 64	23.795	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
220	252	NEELAPPA T	1577	ROLLING MILL	40/Male	138/86 n	Ht.: 164 Wt.: 65	24.167	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
221	264	HEMANNA A	1578	ENVIRONMENT	44/Male	148/92 n	Ht.: 166 Wt.: 67	24.314	'B' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Known Hypertension+Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Periodic BP Monitoring 7. Salt Restricted Diet 8. Periodic Consultation with Physician/Cardiologist 9. Wear Spectacles Regularly 10. Periodic Eye Check Up Once in Six Months
222	787	PAKKIRAPPA R	1580	QUALITY ASSURANCE	39/Male	128/78 n	Ht.: 155 Wt.: 47	19.563	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
223	514	BHARATHESH B	1581	METALLURGICAL SERVICES	39/Male	118/80 n	Ht.: 166 Wt.: 71	25.766	'B' POSITIVE	PFT:Moderate Obstruction	Hyperglycemic Status+Overweight+Moderate Obstruction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised FBS/PPBS 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 4. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 5. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 6. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
224	247	GALEPPA N	1582	IF	50/Male	144/96 n	Ht.: 163 Wt.: 60	22.583	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG shows T inversion in II, III, aVF, V5+Normal Chest - X ray	1. Resting ECG shows T inversion in II, III, aVF, V5 - Refer to Cardiologist for Detailed Cardiac Evaluation 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Salt Restricted Diet 5. Periodic BP Monitoring
225	334	RAMANNA H	1583	BENEFICIATION PLANT - I & II	41/Male	112/76 n	Ht.: 160 Wt.: 50	19.531	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
226	797	RAMAPPA BISNALLI	1584	MRSS	37/Male	134/92 n	Ht.: 164 Wt.: 61	22.680	'A' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (DV)+Known Hypertension+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Refer to Eye Specialist for Distant Vision Correction 7. Wear Spectacles Regularly 8. Periodic Eye Check Up Once in Six Months 9. Periodic BP Monitoring 10. Salt Restricted Diet 11. Periodic Consultation with Physician/Cardiologist
227	196	CHANDRASHEKAR K	1585	STORES	38/Male	130/80 n	Ht.: 172 Wt.: 82	27.718	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
228	423	NAGARAJ K	1587	SID	43/Male	96/62 mr	Ht.: 164 Wt.: 56	20.821	'A' POSITIVE	PFT:Test Execution Not Sat	Refractive Error (DV & NV) - Correction Given+Test Execution Not Satisfactory+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
229	308	KALEEM SAB V	1590	SID	32/Male	126/84 n	Ht.: 168 Wt.: 62	21.967	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
230	134	MARUTHI M	1591	PURCHASE	36/Male	108/70 n	Ht.: 178 Wt.: 71	22.409	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
231	126	SRIRAM M	1592	STORES	37/Male	120/80 n	Ht.: 163 Wt.: 73	27.476	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
232	376	MAHESHWAR S	1593	SAFETY	32/Male	146/94 n	Ht.: 154 Wt.: 55	23.191	'B' POSITIVE	PFT:Normal Spirometry	Hyperglycemic Status+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised HBA1C - Test for Evaluation of Diabetes Mellitus Status 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Salt Restricted Diet 5. Perioidic BP Monitoring
233	338	H TINDAPPA	1594	UTILITY	31/Male	126/82 n	Ht.: 169 Wt.: 70	24.509	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
234	567	SHANKAR MASTI	1595	STORE	42/Male	116/80 n	Ht.: 169 Wt.: 63	22.058	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Stop Chewing Tobacco
235	293	NAGARAJ K	1596	LOGISTICS	39/Male	108/78 n	Ht.: 172 Wt.: 72	24.337	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
236	451	RAMESH M	1597	FINANCE & ACCOUNTS	34/Male	92/64 mr	Ht.: 160 Wt.: 70	27.344	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Plenty of Oral Fluids 4. Clinically Healthy
237	63	NAGARAJ M	1601	ROLLING MILL	33/Male	110/70 n	Ht.: 164 Wt.: 57	21.193	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
238	788	ANANDA	1602	SID - II	36/Male	108/72 n	Ht.: 160 Wt.: 52	20.312	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) +Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. No Improvement with Correction - Refer to Eye Specialist for Further Evaluation 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months
239	214	RAJESH YADAV	1603	ROLLING MILL	37/Male	110/70 n	Ht.: 159 Wt.: 60	23.733	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place
240	117	KRISHNAMURTHY H	1604	BENEFICIATION PLANT - 1	35/Male	118/74 n	Ht.: 163 Wt.: 72	27.099	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
241	742	GURUNATH ACHAR M	1605	UTILITY	51/Male	130/90 n	Ht.: 165 Wt.: 69	25.344	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
242	641	SHIVA KUMAR G	1607	BENEFICIATION PLANT - I	32/Male	110/70 n	Ht.: 163 Wt.: 67	25.217	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
243	323	KRISHNA L	1608	SID	50/Male	90/60 mr	Ht.: 169 Wt.: 52	18.207	'A' POSITIVE	PFT:Severe Restriction	Refractive Error (DV & NV) - Correction Given+Severe Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Nutritious Diet Advised 7. Plenty of oral Fluids
244	380	MAINUDDIN POLICE	1609	BENEFICIATION PLANT - I	33/Male	144/96 n	Ht.: 170 Wt.: 76	26.298	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
245	866	V V S N ANJANYULU	1610	SID	48/Male	146/96 n	Ht.: 162 Wt.: 56	21.338	'B' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months
246	278	LANKA SESHAGIRI RAO	1612	UTILITY	46/Male	130/86 n	Ht.: 171 Wt.: 86	29.411	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
247	826	VENKOBI V	1613	SID	29/Male	124/84 n	Ht.: 172 Wt.: 53	17.915	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) +Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. No Improvement with glass - Refer to Eye Specialist for Futhure Evaluation 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Nutritious Diet Advised 5. Stop Chewing Tobacco
248	316	SOMAPPA P	1614	ROLLING MILL	30/Male	120/80 n	Ht.: 168 Wt.: 80	28.345	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
249	257	MANJUNATH K	1615	IF	42/Male	132/80 n	Ht.: 169 Wt.: 54	18.907	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
250	583	AMINSAB T	1616	ADMINISTRATION	42/Male	112/78 n	Ht.: 169 Wt.: 70	24.509	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
251	508	SYED RASOOL	1617	POWER PLANT - 95 MW	32/Male	100/68 n	Ht.: 176 Wt.: 70	22.598	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
252	613	DAVID RAJU R	1618	POWER PLANT - 95 MW	41/Male	130/80 n	Ht.: 160 Wt.: 80	31.25	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
253	711	SIDDANNA H	1619	UTILITY	33/Male	130/82 n	Ht.: 174 Wt.: 56	18.496	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
254	367	SHIVA PRAKASH H	1620	BENEFICIATION PLANT - I & II	38/Male	122/80 n	Ht.: 163 Wt.: 60	22.583	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
255	472	VINAY KUMAR	1621	POWER PLANT - 95 MW	37/Male	128/80 n	Ht.: 168 Wt.: 81	28.699	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
256	408	GURURAJ E	1622	POWER PLANT 95 MW	30/Male	100/72 n	Ht.: 162 Wt.: 55	20.957	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
257	54	AMAR PRASAD	1624	ROLLING MILL	32/Male	134/84 n	Ht.: 154 Wt.: 44	18.553	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
258	129	SUNANDA B M	1625	FINANCE & ACCOUNTS	32/Female	134/86 n	Ht.: 162 Wt.: 70	26.673	'B' NEGATIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Nutritious Diet Advised
259	53	BALAM SINGH	1627	ROLLING MILL	34/Male	120/80 n	Ht.: 171 Wt.: 70	23.939	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
260	395	SHAIKSHAVALI	1628	LOGISTICS	32/Male	126/84 n	Ht.: 166 Wt.: 61	22.137	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
261	9	VEERESH V	1629	ADMIN	32/Male	140/90 n	Ht.: 157 Wt.: 64	25.965	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Stop Smoking 4. Salt Restricted Diet 5. Clinically Healthy
262	925	GALEPPA M	1630	IF	32/Male	114/70 n	Ht.: 162 Wt.: 68	25.911	'AB' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
263	137	MALLIKARJUN H	1633	HUMAN RESOURCES	30/Male	110/70 n	Ht.: 165 Wt.: 74	27.181	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
264	210	LAKSHMANAN N	1635	ROLLING MILL	36/Male	128/78 n	Ht.: 174 Wt.: 92	30.387	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Stop Smoking 4. Clinically Healthy
265	527	R K DIWAKARA	1636	QUALITY ASSURANCE	37/Male	124/80 n	Ht.: 169 Wt.: 78	27.310	'B' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
266	588	RAVI A TALWAR	1637	QUALITY ASSURANCE	45/Male	118/80 n	Ht.: 168 Wt.: 69	24.447	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
267	474	ABHISHEK RAI	1638	ROLLING MILL	27/Male	100/64 n	Ht.: 171 Wt.: 76	25.991	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
268	341	MANJUNATHA JAIN B V	1639	RMHS	39/Male	126/80 n	Ht.: 165 Wt.: 60	22.039	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
269	646	IMAM HUSSAIN T	1640	SID - II	29/Male	110/70 n	Ht.: 165 Wt.: 58	21.304	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
270	80	GURUMURTHY T H	1641	SID - III	34/Male	120/80 n	Ht.: 168 Wt.: 81	28.699	'B' NEGATIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
271	519	SRINIVAS L J	1643	SID	35/Male	108/80 n	Ht.: 171 Wt.: 75	25.649	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
272	188	MEHABOOB BASHA T	1644	STORES	35/Male	120/80 n	Ht.: 170 Wt.: 58	20.069	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Chest X - ray shows Bronchitis	1. Chest X - ray shows Bronchitis - Refer to Cardiologist for Further Evaluation & Treatment
273	416	A M MUHAMMED KASIM	1645	PELLET PLANT - I & II	50/Male	120/80 n	Ht.: 169 Wt.: 73	25.559	'B' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
274	75	KOTRESHA K	1647	ENVIRONMENT	32/Male	120/80 n	Ht.: 163 Wt.: 63	23.712	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
275	761	DADAPEER N	1652	QUALITY ASSURANCE	43/Male	110/72 n	Ht.: 168 Wt.: 68	24.093	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
276	253	SRINIVASA B	1653	I & A	37/Male	130/80 n	Ht.: 169 Wt.: 65	22.758	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
277	671	UMA NAIK L	1654	BENEFICIATION PLANT - I	33/Male	110/74 n	Ht.: 170 Wt.: 55	19.031	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
278	730	A BHARAMAPPA	1655	SMS	46/Male	130/82 n	Ht.: 165 Wt.: 62	22.773	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
279	193	SHIVAPPA B	1656	ROLLING MILL	36/Male	130/80 n	Ht.: 165 Wt.: 60	22.039	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
280	350	SRIDHARA K	1657	LOGISTICS	30/Male	110/74 n	Ht.: 163 Wt.: 65	24.465	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Care of Ears 2. Use Ear Plugs Regularly at Work Place
281	654	SHABBEER BASHA K	1658	HUMAN RESOURCES	34/Male	118/80 n	Ht.: 176 Wt.: 71	22.921	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
282	415	HOSPET BASHA	1659	BENEFICIATION PLANT - 1	51/Male	98/66 mr	Ht.: 169 Wt.: 67	23.459	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place 5. Plenty of Oral Fluids
283	537	THIPPESWAMY E	1660	ROLLING MILL	37/Male	136/88 n	Ht.: 170 Wt.: 62	21.453	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
284	192	HANUMANTHA K	1661	ROLLING MILL	28/Male	108/72 n	Ht.: 172 Wt.: 85	28.732	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
285	5	GOWLAR MANJUNATH	1662	ROLLING MILL	31/Male	140/90 n	Ht.: 156 Wt.: 65	26.709	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place 5. Salt Restricted Diet 6. Stop Smoking

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
286	598	HULUGAPPA R	1663	LOGISTICS	47/Male	130/80 n	Ht.: 169 Wt.: 53	18.557	'AB' POSITIVE	PFT:Moderate Restriction	Refractive Error (NV) - Correction Given+Moderate Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Nutritious Diet Advised
287	36	MARUTHI G	1665	STORES	31/Male	100/70 n	Ht.: 165 Wt.: 47	17.264	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
288	764	KUMARSWAMY E	1666	ROLLING MILL	30/Male	92/64 mr	Ht.: 161 Wt.: 60	23.147	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
289	949	SAILAN PASHA	1667	ROLLING MILL	42/Male	126/88 n	Ht.: 163 Wt.: 66	24.841	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
290	675	BAGANAL DIVAKAR	1668	POWER PLANT - 95 MW	35/Male	114/70 n	Ht.: 172 Wt.: 60	20.281	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
291	56	SOMANNA T	1669	ROLLING MILL	31/Male	120/76 n	Ht.: 164 Wt.: 44	16.359	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Withi Normal Limits+Normal Chest - X ray	1. Stop Smoking 2. Nutritious Diet Advised 3. Clinically Healthy
292	873	CHANDRASHEKAR MAHANTA	1671	SID	42/Male	120/76 n	Ht.: 159 Wt.: 57	22.547	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
293	757	SITAPATI MALLICK	1672	SID	41/Male	114/76 n	Ht.: 165 Wt.: 56	20.569	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
294	249	SYED HAMEED	1674	ROLLING MILL	44/Male	100/72 n	Ht.: 163 Wt.: 79	29.734	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
295	972	M VINOD RAJ	1676	SMS	30/Male	134/92 n	Ht.: 173 Wt.: 74	24.725	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Salt Restricted Diet 2. Advised Care of Ears 3. Use Ear Plugs Regularly at Work Place 4. Clinically Healthy
296	453	SHIVARAM K	1677	LOGISTICS	45/Male	106/70 n	Ht.: 175 Wt.: 58	18.939	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
297	452	GANGADHARA K	1679	LOGISTICS	42/Male	120/80 n	Ht.: 171 Wt.: 66	22.571	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Stop Chewing Tobacco
298	571	UNNIKRISHNAN N V	1680	PELLET PLANT - I	52/Male	118/80 n	Ht.: 161 Wt.: 59	22.761	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Stop Smoking
299	223	HANUMANTHAPPA M	1681	ROLLING MILL	29/Male	140/90 n	Ht.: 154 Wt.: 59	24.878	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Clinically Healthy
300	165	SOMASHEKAR K	1682	ROLLING MILL	32/Male	106/76 n	Ht.: 165 Wt.: 71	26.079	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
301	305	SHIVA KUMAR D	1683	LOGISTICS	33/Male	110/74 n	Ht.: 150 Wt.: 60	26.667	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
302	572	NAGANATH G ALEGAVI	1685	PELLET PLANT - I	52/Male	128/76 n	Ht.: 164 Wt.: 70	26.026	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
303	276	KANDREGULA VISHNU	1687	I & A	42/Male	134/90 n	Ht.: 169 Wt.: 82	28.710	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
304	270	SHIVANI	1688	HUMAN RESOURCES	43/Female	130/80 n	Ht.: 150 Wt.: 52	23.111	'B' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months
305	818	NAGARAJ NAIK S L	1689	HUMAN RESOURCES	30/Male	118/78 n	Ht.: 162 Wt.: 70	26.673	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Wear Spectacles Regularly 4. Periodic Eye Check Up Once in Six Months
306	701	RAJASHEKAR B	1690	POWER PLANT - 95 MW	43/Male	110/70 n	Ht.: 159 Wt.: 54	21.360	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
307	189	RUDRA KUMAR D	1691	STORES	30/Male	140/90 n	Ht.: 182 Wt.: 100	30.190	'AB' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Right Sided Moderate Mixed Hearing Loss+Normal Chest - X ray	1. Salt Restricted Diet 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 4. Refer to ENT Specialist for Evaluation of Hearing 5. Advised Care of Ears 6. Use Ear Plugs Regularly at Work Place
308	859	SUNIL RAI	1693	ROOLING MILL	41/Male	110/70 n	Ht.: 164 Wt.: 55	20.449	'B' NEGATIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
309	30	KHEEM SINGH	1696	ROLLING MILL	34/Male	120/80 n	Ht.: 175 Wt.: 77	25.143	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
310	829	DEVENDRA SINGH	1697	ROLLING MILL	34/Male	114/78 n	Ht.: 171 Wt.: 73	24.965	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
311	712	NIRANJAN KUMAR K	1701	POWER PLANT - 95 MW	29/Male	90/62 mr	Ht.: 167 Wt.: 66	23.665	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
312	841	MANJUNATHA G	1702	PELLET PLANT - I	29/Male	108/68 n	Ht.: 169 Wt.: 60	21.008	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
313	551	NAGARAJ P	1703	PELLET PLANT - I & II	33/Male	108/72 n	Ht.: 156 Wt.: 65	26.709	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
314	255	RAVI KUMAR A	1704	BENEFICIATION PLANT - I	40/Male	106/74 n	Ht.: 163 Wt.: 63	23.712	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Care of Ears 2. Use Ear Plugs Regularly at Work Place
315	981	NAGARAJ K	1705	SID - II	29/Male	124/82 n	Ht.: 168 Wt.: 70	24.802	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
316	727	RAMESH K N	1706	BENEFICIATION PLANT - I	47/Male	126/80 n	Ht.: 173 Wt.: 90	30.071	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
317	357	BABA PRASAD MUSHINI	1707	I & A	39/Male	116/72 n	Ht.: 165 Wt.: 68	24.977	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
318	713	SHIVA JALANDHAR	1708	POWER PLANT - 95 MW	31/Male	100/72 n	Ht.: 166 Wt.: 58	21.048	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Chewing Tobacco 2. Clinically Healthy
319	464	K ASHOK	1709	POWER PLANT - 2 X70	34/Male	110/76 n	Ht.: 163 Wt.: 66	24.841	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
320	144	KOTRESH T	1710	FINANCE	38/Male	156/100	Ht.: 170 Wt.: 79	27.336	'O' POSITIVE	PFT:Normal Spirometry	Uncontrolled Hypertension+Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Uncontrolled Hypertension - Refer to Physician for Immediate Management of Uncontrolled Hypertension. 2. Fitness Opinion to be given after his Hypertension status is relatively normal 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months 7. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 8. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
321	273	NAZEER	1711	ENVIRONMENT	29/Male	98/64 mr	Ht.: 166 Wt.: 58	21.048	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
322	185	MOHAMMED RAFI	1713	LOGISTICS	32/Male	116/74 n	Ht.: 161 Wt.: 59	22.761	'B' NEGATIVE	PFT:Moderate Restriction	Moderate Restriction+Bilateral Hearing Within Normal Limits	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
323	673	YAMANURAPPA	1714	LOGISTICS	32/Male	138/90 n	Ht.: 155 Wt.: 58	24.142	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Salt Restricted Diet 2. Clinically Healthy
324	455	OMARI SOMANNA	1715	QUALITY ASSURANCE	26/Male	128/74 n	Ht.: 168 Wt.: 63	22.321	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
325	232	RAJASHEKARA MAJJIGI	1716	SID	26/Male	118/80 n	Ht.: 169 Wt.: 66	23.108	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
326	151	BASAVARAJ K	1717	SID - 1	45/Male	110/70 n	Ht.: 156 Wt.: 55	22.600	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray++	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place
327	277	MUSHINI SHIVA KUMAR	1719	I & A	32/Male	144/96 n	Ht.: 162 Wt.: 58	22.100	'O' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Periodic BP Monitoring 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Clinically Healthy
328	274	DURGANNA K	1723	LOGISTICS	43/Male	96/66 mr	Ht.: 167 Wt.: 55	19.721	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised 4. Plenty of Oral Fluids
329	585	VENKATESHWARULU	1726	BENEFICIATION PLANT - I	45/Male	120/80 n	Ht.: 164 Wt.: 57	21.193	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
330	405	SAYED MUBARAK	1729	PELLET PLANT - I & II	37/Male	140/92 n	Ht.: 168 Wt.: 75	26.573	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Clinically Healthy
331	25	PRAVEEN KUMAR K P	1730	BENEFICIATION PLANT - I	29/Male	130/80 n	Ht.: 177 Wt.: 75	23.939	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
332	51	MANJUNATHA N	1731	BENEFICIATION PLANT - II	35/Male	142/94 n	Ht.: 159 Wt.: 63	24.920	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Clinically Healthy
333	754	VITTALAPURA NEMARAJA	1732	BENEFICIATION PLANT - II	32/Male	100/70 n	Ht.: 157 Wt.: 51	20.690	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
334	704	SYED SADIQ ALI S	1733	BENEFICIATION PLANT - II	29/Male	136/90 n	Ht.: 177 Wt.: 90	28.727	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Stop Smoking 5. Clinically Healthy
335	483	VIREESH KENED	1735	PELLET PLANT - I	30/Male	116/74 n	Ht.: 172 Wt.: 59	19.943	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
336	418	ELUMALI C	1737	PELLET PLANT - 1	48/Male	150/98 n	Ht.: 172 Wt.: 75	25.352	'B' POSITIVE	PFT:Normal Spirometry	Hypertension+Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
337	833	MOHAN T	1740	PELLET PLANT - II	38/Male	130/90 n	Ht.: 172 Wt.: 80	27.042	'O' NEGATIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 4. Clinically Healthy
338	667	MANJAPPA T	1741	PELLET PLANT - II	36/Male	136/92 n	Ht.: 179 Wt.: 84	26.216	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
339	573	ZAKIR HUSSAIN M	1742	BENEFICIATION PLANT - II	46/Male	108/76 n	Ht.: 169 Wt.: 74	25.909	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
340	52	RAGHAVENDRA PUJAR	1743	ADMIN	37/Male	130/80 n	Ht.: 168 Wt.: 84	29.762	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
341	313	GURUBASAPPA K S	1744	I & A	33/Male	132/80 n	Ht.: 168 Wt.: 75	26.573	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
342	495	SAIFULLA N	1745	ADMINISTR ATION	33/Male	118/82 n	Ht.: 172 Wt.: 87	29.408	'O' POSITIVE	PFT:Test Execution Not Sat	Overweight+Test Execution Not Satisfactory+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
343	707	INJAMURI SHESHAPANI	1746	PELLET PLANT - II	29/Male	90/60 mı	Ht.: 177 Wt.: 67	21.386	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
344	941	REVANSIDDAPPA M	1747	PELLET PLANT II	40/Male	150/98 n	Ht.: 171 Wt.: 73	24.965	'B' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months
345	118	KRISHNA A	1748	BENEFICIA TION PLANT - II	41/Male	136/84 n	Ht.: 156 Wt.: 65	26.709	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
346	805	SANGAMESHWAR T	1750	PELLET PLANT - II	39/Male	116/74 n	Ht.: 162 Wt.: 78	29.721	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
347	447	VENKATASUBBAIAH I C	1751	BENEFICIATION PLANT - II	56/Male	100/66 n	Ht.: 174 Wt.: 85	28.075	'B' POSITIVE	PFT:Mild Restriction	Colour Deficiency+Refractive Error (DV & NV) - Correction Given+Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Chest X - ray shows Bronchitis	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 6. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 7. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 8. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 9. Chest X - ray shows Bronchitis - Refer to Cardiologist for Further Evaluation & Treatment 10. Stop Smoking 11. Plenty of Oral Fluids
348	768	CHANDRASHEKAR N	1752	PELLET PLANT - II	34/Male	160/100	Ht.: 176 Wt.: 72	23.244	'B' POSITIVE	PFT:Normal Spirometry	Uncontrolled Hypertension+Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Uncontrolled Hypertension - Refer to Physician for Immediate Management of Uncontrolled Hypertension. 2. Fitness Opinion to be given after his Hypertension status is relatively normal 3. Salt Restricted Diet 4. Periodic BP Monitoring

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
349	939	BHANU CHANDRA SEKHAR S	1753	PELLET PLANT - II	32/Male	90/60 mr	Ht.: 170 Wt.: 72	24.913	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
350	95	ABDUL SHUKUR	1754	BENEFICIATION PLANT - II	38/Male	120/80 n	Ht.: 171 Wt.: 62	21.203	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
351	450	VIJAY KUMAR	1755	QUALITY ASSURANCE	39/Male	108/78 n	Ht.: 162 Wt.: 80	30.483	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Nutritious Diet Advised 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months
352	493	THIPPESWAMY K M	1756	RMHD	34/Male	110/70 n	Ht.: 174 Wt.: 54	17.836	'B' POSITIVE	PFT:Mild Restriction	Colour Deficiency+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 3. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 4. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 5. Nutritious Diet Advised
353	800	SRINIVAS H	1757	RMHS	39/Male	120/80 n	Ht.: 156 Wt.: 60	24.655	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
354	91	KALAPPA H	1758	RMHD	30/Male	120/80 n	Ht.: 172 Wt.: 69	23.323	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Care of Ears 2. Use Ear Plugs Regularly at Work Place
355	894	GOVIND NAIK D	1759	RMHD	30/Male	110/74 n	Ht.: 165 Wt.: 65	23.875	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
356	353	BALAKRISHNA R	1760	LOGISTICS	28/Male	96/60 mr	Ht.: 159 Wt.: 58	22.942	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Nutritious Diet Advised 3. Clinically Healthy
357	929	PAMPAPATHI B	1761	PR - LAISIONIN G	30/Male	118/72 n	Ht.: 167 Wt.: 70	25.100	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
358	28	KUMARA SWAMY J	1762	STORES	27/Male	110/70 n	Ht.: 174 Wt.: 71	23.451	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
359	46	CHINNAPRAPPA H	1764	STORES	28/Male	128/80 n	Ht.: 154 Wt.: 52	21.926	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
360	42	NAGESHA T M	1766	STORES	36/Male	120/80 n	Ht.: 158 Wt.: 61	24.435	'AB' NEGATIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
361	883	AMBAMMA H	1767	HUMAN RESOURCES	30/Female	110/70 n	Ht.: 152 Wt.: 53	22.940	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
362	131	HANUMANTHAPPA K	1768	ADMINISTRATION	51/Male	120/80 n	Ht.: 174 Wt.: 79	26.093	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
363	133	VIJAY KUMAR	1770	HUMAN RESOURCES	34/Male	124/76 n	Ht.: 176 Wt.: 68	21.952	'O' POSITIVE	PFT:Normal Spirometry	Hyperglycemic Status+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised FBS/PPBS 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months
364	136	GANESH H	1771	HUMAN RESOURCES	32/Male	138/94 n	Ht.: 168 Wt.: 81	28.699	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Clinically Healthy
365	23	HOLI BASAPPA	1773	HUMAN RESOURCES	41/Male	126/80 n	Ht.: 165 Wt.: 77	28.283	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
366	411	NAGARAJA T	1774	HUMAN RESOURCES	25/Male	120/80 n	Ht.: 168 Wt.: 58	20.550	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
367	839	TALAVAR BASAVARAJA	1775	HUMAN RESOURCES	33/Male	122/74 n	Ht.: 170 Wt.: 64	22.145	'B' POSITIVE	PFT:Normal Spirometry	Diabetes Mellitus+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Fasting Blood Sugar(12 hours fasting) & Post Prandial Blood Sugar(FBS/PPBS). 2. Advised to Avoid High Carbohydrates/High Protein Diet 3. Advised to Consume Plenty of Green leafy Vegetables. 4. Walk Regularly
368	146	GURU C	1776	I & A	37/Male	110/76 n	Ht.: 188 Wt.: 111	31.406	'B' POSITIVE	PFT:Normal Spirometry	Hyperglycemic Status+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised HBA1C - Test for Evaluation of Diabetes Mellitus Status 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
369	488	BASAVARAJA K	1777	POWER PLANT - 95 MW	28/Male	100/68 n	Ht.: 165 Wt.: 67	24.610	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
370	442	ISMAIL	1778	POWER PLANT - 95MW	25/Male	104/68 n	Ht.: 161 Wt.: 49	18.904	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Plenty of Oral Fluids 3. Clinically Healthy
371	532	RAJESH K S	1779	POWER PLANT - 95 MW	30/Male	128/82 n	Ht.: 173 Wt.: 67	22.386	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised FBS/PPBS
372	16	GAJENDRA N	1780	STORES	27/Male	130/90 n	Ht.: 175 Wt.: 75	24.490	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Clinically Healthy
373	782	NAGARJUNA N	1781	FINANCE & ACCOUNTS	34/Male	114/72 n	Ht.: 176 Wt.: 80	25.826	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
374	8	SHIVARAJ E	1782	STORES	29/Male	138/86 n	Ht.: 165 Wt.: 74	27.181	'AB' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
375	39	KOTRAIAH D M	1783	STORES	34/Male	110/80 n	Ht.: 164 Wt.: 55	20.449	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
376	15	MANJUNATH B	1784	STORES	37/Male	114/80 n	Ht.: 169 Wt.: 69	24.159	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
377	899	BASAVARAJ D	1785	BULK MATERIAL	38/Male	114/70 n	Ht.: 175 Wt.: 76	24.816	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
378	60	LAKSHMANA T	1786	STORES	33/Male	130/80 n	Ht.: 165 Wt.: 74	27.181	'O' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
379	96	AMITH P	1787	RMHD	37/Male	110/76 n	Ht.: 177 Wt.: 84	26.812	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
380	218	PRASANNA B M	1788	IT	28/Male	100/70 n	Ht.: 177 Wt.: 68	21.705	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
381	219	SOPPI MATHADA UMAKANTH	1789	BAR MILL	38/Male	120/80 n	Ht.: 172 Wt.: 60	20.281	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
382	834	MAHENDRANATH A	1790	BULK MATERIAL	42/Male	110/80 n	Ht.: 167 Wt.: 65	23.307	'B' NEGATIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
383	283	NAYAKARA CHIDANANDA	1791	I & A	28/Male	130/80 n	Ht.: 171 Wt.: 62	21.203	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
384	895	MRUTHYUNJAYA K	1792	POWER PLANT 95 MW (CPP - I)	40/Male	122/84 n	Ht.: 168 Wt.: 70	24.802	'O' NEGATIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
385	669	RAMESH BABU B	1793	LOGISTICS	32/Male	140/90 n	Ht.: 164 Wt.: 85	31.603	'O' NEGATIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
386	127	MANJUNATHA E	1798	ADMINISTRATION	32/Male	100/70 n	Ht.: 164 Wt.: 70	26.026	'B' POSITIVE	PFT:Mild Restriction	Refractive Error (DV & NV) +Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. No Improvement with Correction - Refer to Eye Specialist for Further Evaluation 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 6. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 7. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 8. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
387	351	PRADEEP KUMAR A M	1799	STORES	29/Male	118/86 n	Ht.: 169 Wt.: 59	20.658	'B' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 3. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 4. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 5. Clinically Healthy
388	268	VEERANNA N	1800	I & A	36/Male	110/70 n	Ht.: 170 Wt.: 65	22.491	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
389	122	YAMANUR SWAMY	1801	STORES	27/Male	112/76 n	Ht.: 173 Wt.: 59	19.713	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
390	377	MANJUNATHA K	1802	METALLURGICAL SERVICE	32/Male	128/76 n	Ht.: 169 Wt.: 67	23.459	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
391	337	ANANDA N	1804	UTILITY	28/Male	112/74 n	Ht.: 167 Wt.: 56	20.080	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
392	186	KRISHNAMURTHY H	1805	OXYGEN PLANT & UTILITY	28/Male	130/78 n	Ht.: 160 Wt.: 61	23.828	'A' NEGATIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly
393	366	MANJUNATHA	1808	ENVIRONMENT	28/Male	110/80 n	Ht.: 172 Wt.: 63	21.295	'B' POSITIVE	PFT:Mild Restriction	Mild Restriction+Audiometry Not Done+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Nutritious Diet Advised 5. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
394	14	HUCHU SAB T	1809	RML	39/Male	120/80 n	Ht.: 170 Wt.: 68	23.529	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
395	835	A N DODDAPPA	1810	BULK MATERIAL	29/Male	124/78 n	Ht.: 164 Wt.: 74	27.513	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
396	480	KAMALA NAIK	1811	LOGISTICS	39/Male	102/70 n	Ht.: 163 Wt.: 54	20.324	'B' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Clinically Healthy
397	747	ANIL SINGH	1814	ROLLING MILL	43/Male	100/66 n	Ht.: 171 Wt.: 83	28.385	'O' NEGATIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Stop Chewing Tobacco 6. Plenty of Oral Fluids
398	523	SANDEEP KUMAR	1815	ROLLING MILL	30/Male	100/68 n	Ht.: 172 Wt.: 69	23.323	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
399	682	SUSHIL KUMAR	1816	ROLLING MILL	32/Male	128/76 n	Ht.: 168 Wt.: 72	25.510	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
400	557	MANOJ KUMAR YADAV	1817	ROLLING MILL	33/Male	146/94 n	Ht.: 168 Wt.: 57	20.196	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet 4. Stop Chewing Tobacco
401	13	MANOJ KUMAR KUSHWAHA	1818	RML	30/Male	110/70 n	Ht.: 164 Wt.: 64	23.795	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
402	475	PARVINDAR KUMAR	1819	ROLLING MILL	27/Male	132/90 n	Ht.: 163 Wt.: 65	24.465	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Clinically Healthy
403	620	BIMAL SINGH	1820	ROLLING MILL	45/Male	120/80 n	Ht.: 165 Wt.: 69	25.344	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Nutritious Diet Advised
404	491	PRANEETH BABU	1824	SID	38/Male	134/84 n	Ht.: 169 Wt.: 74	25.909	'O' NEGATIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
405	220	GHANSHYAM NAGAPURE	1825	SID	37/Male	110/70 n	Ht.: 162 Wt.: 74	28.197	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
406	73	VENKATESH C	1826	SID	27/Male	128/80 n	Ht.: 170 Wt.: 76	26.298	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
407	777	JOHN MOSES BOPPANA	1827	SID	36/Male	110/80 n	Ht.: 180 Wt.: 71	21.914	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy
408	72	SANTOSH KORADA	1828	SID - II	32/Male	120/80 n	Ht.: 164 Wt.: 74	27.513	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
409	61	NEERAJ KUMAR GUPTA	1829	SID	33/Male	120/80 n	Ht.: 165 Wt.: 71	26.079	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) +Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. No Improvement with glass -Refer to Eye Specialist for Further Evaluation 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
410	207	DINESH KUMAR BARIK	1833	SID	29/Male	140/90 n	Ht.: 170 Wt.: 75	25.952	'AB' POSITIVE	PFT:Mild Restriction	Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Salt Restricted Diet 7. Clinically Healthy
411	938	MALLIKARJUN	1835	SID	28/Male	112/78 n	Ht.: 177 Wt.: 84	26.812	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
412	230	MANJUNATHA K R	1836	HUMAN RESOURCES (OHC)	35/Male	124/82 n	Ht.: 168 Wt.: 68	24.093	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Chest X - ray shows Bronchitis	1. Chest X - ray shows Bronchitis - Refer to Cardiologist for Further Evaluation & Treatment
413	229	SALEEM PASHA G	1838	SID	37/Male	108/76 n	Ht.: 171 Wt.: 79	27.017	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
414	217	VASUDEVA K S	1839	MRSS	29/Male	128/84 n	Ht.: 169 Wt.: 63	22.058	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
415	400	RAMAPPA K	1840	SAFETY	32/Male	112/76 n	Ht.: 167 Wt.: 69	24.741	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
416	427	IQBAL H	1841	SAFETY	47/Male	136/90 n	Ht.: 168 Wt.: 94	33.305	'O' NEGATIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
417	399	PAKKIRASWAMY	1842	SAFETY	24/Male	120/80 n	Ht.: 172 Wt.: 55	18.591	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
418	429	PAKKIRAPPA N	1843	SAFETY	31/Male	108/68 n	Ht.: 167 Wt.: 68	24.382	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
419	744	TUPPADAKUDIKI SALEEM	1845	SAFETY	28/Male	90/58 mı	Ht.: 176 Wt.: 58	18.724	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Plenty of Oral Fluids 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
420	110	SHASHIKANTH K C	1846	ISP STORE	43/Male	98/66 mr	Ht.: 176 Wt.: 69	22.275	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
421	637	SUDHAKAR V	1847	STORES	34/Male	96/62 mr	Ht.: 161 Wt.: 59	22.761	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Moderate Mixed Hearing Loss+Normal Chest - X ray	1. Refer to ENT Specialist for Evaluation of Hearing 2. Advised Care of Ears 3. Use Ear Plugs Regularly at Work Place 4. Plenty of Oral Fluids
422	680	PRAVEEN KUMAR	1848	SAFETY	28/Male	106/70 n	Ht.: 160 Wt.: 54	21.094	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
423	877	MALATESHA K	1849	UTILITY	47/Male	110/70 n	Ht.: 173 Wt.: 68	22.720	'AB' NEGATIVE	PFT:Severe Restriction	Refractive Error (NV) - Correction Given+Severe Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Stop Chewing Tobacco

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
424	611	KALLAIAH D M	1850	UTILITY	48/Male	100/68 n	Ht.: 157 Wt.: 54	21.908	'A' POSITIVE	PFT:Mild Restriction	Refractive Error (DV & NV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Stop Smoking 7. Plenty of Oral Fluids
425	364	PRATHAP KUMAR K	1851	UTILITY	26/Male	130/86 n	Ht.: 169 Wt.: 74	25.909	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
426	923	LAKSHMANA NAIK R	1852	UTILITY	39/Male	104/68 n	Ht.: 162 Wt.: 57	21.719	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Chewing Tobacco 2. Clinically Healthy
427	666	RUDRESH B N	1853	UTILITY	32/Male	114/76 n	Ht.: 169 Wt.: 79	27.660	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
428	231	SIDDAPPA H	1856	HUMAN RESOURCES (OHC)	33/Male	110/70 n	Ht.: 164 Wt.: 60	22.308	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
429	194	PRAKASH S	1859	BENEFICIATION PLANT - 1	36/Male	140/94 n	Ht.: 171 Wt.: 75	25.649	'B' POSITIVE	PFT:Mild Restriction	Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Chest X - ray Shows Left Basal Pleural Effusion	1. Chest X - ray Shows Left Basal Pleural Effusion - Refer to Chest Physician for Further Evaluation & Treatment 2. Advised Sputum for AFB 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 6. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 7. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
430	354	MANJUNATHA K	1861	I & A	39/Male	120/80 n	Ht.: 171 Wt.: 66	22.571	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
431	161	KUMAR SWAMY H	1862	ROLLING MILL	49/Male	138/94 n	Ht.: 164 Wt.: 66	24.539	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet
432	48	SURESHA S	1863	BENEFICIATION PLANT - I	36/Male	120/80 n	Ht.: 165 Wt.: 66	24.242	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
433	662	B M ASHOK	1864	I & A	53/Male	144/92 n	Ht.: 170 Wt.: 69	23.875	'A' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Known Hypertension+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG shows RBBB with Sinus Tachycardia+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Resting ECG shows RBBB with Sinus Tachycardia - Refer to Cardiologist for Detailed Cardiac Evaluation 6. Periodic BP Monitoring 7. Salt Restricted Diet 8. Stop Smoking 9. Wear Spectacles Regularly 10. Periodic Eye Check Up Once in Six Months
434	107	RAJENDRAN K	1865	ROLLING MILL	47/Male	120/78 n	Ht.: 178 Wt.: 75	23.671	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
435	541	VEERESH C	1866	PR & LAISIONIN G	29/Male	124/84 n	Ht.: 160 Wt.: 61	23.828	'A' POSITIVE	PFT:PFT Not Done	Refractive Error (DV) - Correction Given+PFT Not Done+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
436	678	YERIYAPPA G	1867	PR & LAISIONIN G	28/Male	112/80 n	Ht.: 169 Wt.: 72	25.209	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
437	361	BASAVARAJ C J	1868	UTILITY	30/Male	104/78 n	Ht.: 170 Wt.: 72	24.913	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
438	937	VINAYAKA K N	1869	SMS	24/Male	100/72 n	Ht.: 161 Wt.: 53	20.447	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) +Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. No Improvement with glass - Refer to Eye Specialist for Further Evaluation 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months
439	287	KALYAN KUMAR S	1870	MRSS	26/Male	110/70 n	Ht.: 169 Wt.: 45	15.756	'AB' NEGATIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
440	980	K SANNA HANUMANTHAPPA	1871	PR & LAISIONIN G	37/Male	116/78 n	Ht.: 166 Wt.: 70	25.403	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
441	694	VENKATESH K	1872	PR & LAISIONIN G	33/Male	118/74 n	Ht.: 165 Wt.: 64	23.508	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
442	171	BHEEMANAGOUDA G V	1873	SMS	27/Male	118/80 n	Ht.: 175 Wt.: 64	20.898	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
443	359	ARJUN RAO K	1874	I & A	31/Male	120/80 n	Ht.: 161 Wt.: 56	21.604	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
444	697	LAXMAN D	1876	SMS	34/Male	114/72 n	Ht.: 171 Wt.: 77	26.333	'O' NEGATIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
445	358	MALLIKARJUN G	1878	I & A	34/Male	112/72 n	Ht.: 154 Wt.: 55	23.191	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Care of Ears 2. Use Ear Plugs Regularly at Work Place

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
446	201	SATHYANARAYANA R J	1879	FINANCE	38/Male	130/80 n	Ht.: 159 Wt.: 61	24.129	'O' POSITIVE	PFT:Mild Restriction	Refractive Error (NV) - Correction Given+Known Hypertension+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Periodic BP Monitoring 4. Salt Restricted Diet 5. Periodic Consultation with Physician/Cardiologist 6. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 7. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 8. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
447	41	CHIRANJEEVI G	1882	STORES	31/Male	116/80 n	Ht.: 173 Wt.: 71	23.723	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
448	378	MANJUNATHA T	1883	UTILITY	29/Male	130/80 n	Ht.: 166 Wt.: 79	28.669	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place
449	315	HAKEEM SAB K	1885	I & A	37/Male	140/90 n	Ht.: 167 Wt.: 55	19.721	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Salt Restricted Diet 2. Advised Care of Ears 3. Use Ear Plugs Regularly at Work Place 4. Nutritious Diet Advised

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
450	459	AMARALINGESWARA RAO P	1886	I & A	28/Male	108/82 n	Ht.: 175 Wt.: 67	21.878	'O' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Clinically Healthy
451	413	KHAJA MAINUDDIN	1887	I & A	49/Male	108/68 n	Ht.: 176 Wt.: 65	20.984	'B' POSITIVE	PFT:Mild Restriction	Refractive Error (DV & NV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
452	644	ANJINAPPA N	1888	MARKETIN G	30/Male	108/82 n	Ht.: 169 Wt.: 55	19.257	'O' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Nutritious Diet Advised 5. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
453	621	NAGENDRA RAO K	1889	BENEFICIATION PLANT - II	43/Male	120/78 n	Ht.: 162 Wt.: 50	19.052	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
454	461	IMAM KASIM T	1891	QUALITY ASSURANCE	26/Male	120/74 n	Ht.: 175 Wt.: 53	17.306	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Nutritious Diet Advised 2. Clinically Healthy
455	163	ASHOK P	1894	RMHS	28/Male	100/70 n	Ht.: 177 Wt.: 60	19.152	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
456	162	ASHOK BAPURI	1895	RMHS	27/Male	110/70 n	Ht.: 170 Wt.: 62	21.453	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
457	544	NINGAPPA B	1896	ADMINISTRATION	38/Male	142/90 n	Ht.: 158 Wt.: 53	21.231	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Clinically Healthy
458	681	MALLIKARJUNA E	1897	POWER PLANT - 2X70	33/Male	128/78 n	Ht.: 172 Wt.: 64	21.633	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
459	486	NAVEEN KUMAR B	1898	SID	23/Male	106/70 n	Ht.: 169 Wt.: 54	18.907	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
460	534	PRAKASHA B	1899	BENEFICIATION PLANT - I	29/Male	116/78 n	Ht.: 169 Wt.: 78	27.310	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Stop Chewing Tobacco 4. Clinically Healthy
461	975	SHASHI KUMAR A M	1900	PELLET PLANT - I	28/Male	120/74 n	Ht.: 172 Wt.: 75	25.352	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Stop Chewing Tobacco 4. Clinically Healthy
462	368	LAKSHMAN NAIK L	1901	UTILITY	27/Male	114/82 n	Ht.: 156 Wt.: 50	20.546	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
463	37	KALAKA MALLESHA	1902	STORES	26/Male	130/80 n	Ht.: 172 Wt.: 73	24.676	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
464	138	PRAKASH M	1903	UTILITY	34/Male	110/80 n	Ht.: 169 Wt.: 70	24.509	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
465	301	SANTHOSHA A	1904	I & A	26/Male	128/76 n	Ht.: 166 Wt.: 70	25.403	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
466	65	VAPPATHESHWAR V M	1905	STORES	33/Male	110/70 n	Ht.: 175 Wt.: 64	20.898	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Nutritious Diet Advised
467	148	HARISH KUMAR	1906	HUMAN RESOURCES	30/Male	104/70 n	Ht.: 169 Wt.: 59	20.658	'O' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours.
468	208	MOHAN KRISHNA K	1909	SECURITY	36/Male	130/80 n	Ht.: 174 Wt.: 86	28.405	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
469	816	YASHAVANTH RAJ G C	1913	HUMAN RESOURCES	32/Male	98/64 mr	Ht.: 171 Wt.: 65	22.229	'O' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Plenty of Oral Fluids 5. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
470	393	THIPPE SWAMY H	1914	LOGISTICS	28/Male	110/70 n	Ht.: 173 Wt.: 50	16.706	'AB' POSITIVE	PFT:Mild Restriction	Mild Restriction+Left Sided Mild Mixed Hearing Loss	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Refer to ENT Specialist for Evaluation of Hearing 5. Advised Care of Ears 6. Use Ear Plugs Regularly at Work Place
471	533	RAJESHA P	1915	SAFETY	32/Male	110/74 n	Ht.: 174 Wt.: 79	26.093	'O' NEGATIVE	PFT:Normal Spirometry	Colour Deficiency+Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 6. Nutritious Diet Advised
472	123	THIRUMALA NAIK L K	1916	PR & Laisioning	39/Male	134/82 n	Ht.: 170 Wt.: 57	19.723	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
473	470	LAXMAN SHRESTHA	1917	ADMIN	37/Male	102/70 n	Ht.: 175 Wt.: 65	21.224	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
474	892	UDAY KUMAR	1918	ADMINISTRATION	53/Male	120/80 n	Ht.: 165 Wt.: 79	29.017	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG shows RBBB with Sinus Bradycardia+Normal Chest - X ray	1. Resting ECG shows RBBB with Sinus Bradycardia - Refer to Cardiologist for Detailed cardiac Evaluation 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
475	370	BASAVARAJA V	1919	STORES	26/Male	110/70 n	Ht.: 172 Wt.: 72	24.337	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
476	288	PARASHURAM H	1920	I & A	27/Male	120/80 n	Ht.: 163 Wt.: 51	19.195	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
477	111	SADANANDA B M	1922	ADMIN	47/Male	150/98 n	Ht.: 173 Wt.: 86	28.735	'A' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Overweight+ Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months
478	226	RAMESH BANDRI	1924	SAFETY	29/Male	120/80 n	Ht.: 165 Wt.: 64	23.508	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
479	318	SHIVAPPA O	1926	PELLET PLANT - I QA	26/Male	122/80 n	Ht.: 164 Wt.: 68	25.283	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Nutritious Diet Advised 4. Clinically Healthy
480	529	SOMAPPA H S	1927	SID	28/Male	108/68 n	Ht.: 163 Wt.: 56	21.077	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
481	517	SURESHA K	1928	SID	37/Male	116/74 n	Ht.: 165 Wt.: 55	20.202	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Chewing Tobacco 2. Clinically Healthy
482	74	MANJUNATHA H	1930	SID	33/Male	130/80 n	Ht.: 162 Wt.: 49	18.671	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised 4. Stop Chewing Tobacco
483	404	KOTEPPA H	1931	SID	29/Male	106/78 n	Ht.: 171 Wt.: 61	20.861	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
484	310	BHEEMAPPA K	1932	SID	39/Male	124/76 n	Ht.: 163 Wt.: 45	16.937	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place 5. Nutritious Diet Advised
485	307	MARUTHI M	1933	ADMINISTRATION	24/Male	108/70 n	Ht.: 162 Wt.: 45	17.147	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
486	688	HANUMANTHA N	1934	PELLET PLANT - I	38/Male	102/66 n	Ht.: 169 Wt.: 65	22.758	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
487	790	VENKATESH NAIK L	1935	BENEFICIATION PLANT - I	43/Male	120/80 n	Ht.: 164 Wt.: 59	21.936	'O' POSITIVE	PFT:Mild Restriction	Refractive Error (DV & NV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
488	24	PARASHURAM H	1936	BENEFICIATION PLANT - I	27/Male	116/78 n	Ht.: 167 Wt.: 59	21.155	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
489	375	NAGARAJ	1937	SAFETY	30/Male	148/96 n	Ht.: 175 Wt.: 63	20.571	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Periodic BP Monitoring 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
490	317	SRIKANTHA BANDE	1939	LOGISTICS	32/Male	124/74 n	Ht.: 164 Wt.: 74	27.513	'B' POSITIVE	PFT:Mild Restriction	Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Clinically Healthy
491	11	SHIV NARESH	1940	ROLLING MILL	44/Male	100/70 n	Ht.: 161 Wt.: 73	28.162	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Nutritious Diet Advised
492	271	DEVENDRA CHAUHAN	1941	BENEFICIATION PLANT - I	46/Male	108/74 n	Ht.: 177 Wt.: 72	22.982	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
493	610	GIRISHA J	1942	SAFETY	31/Male	106/72 n	Ht.: 174 Wt.: 73	24.112	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
494	379	BASAVARAJ ANGADI	1943	HUMAN RESOURCES - OHC	30/Male	138/90 n	Ht.: 156 Wt.: 57	23.422	'O' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Salt Restricted Diet
495	84	RAVINDRA B	1944	POWER PLANT - 95MW	30/Male	110/80 n	Ht.: 176 Wt.: 57	18.401	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
496	443	HARI KRISHNA	2022	POWER PLANT - 95MW	37/Male	130/80 n	Ht.: 175 Wt.: 95	31.020	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
497	751	BASAVARAJ C	2025	POWER PLANT - 95MW	42/Male	116/78 n	Ht.: 176 Wt.: 95	30.669	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
498	238	MANJUNATH A	2050	BENEFICIATION PLANT	41/Male	148/92 n	Ht.: 176 Wt.: 96	30.992	'B' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Known Diabetes Mellitus+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 3. Periodic Consultation with the Physician/Diabetologist 4. Advised to Avoid High Carbohydrates / High Protein Diet 5. Advised to Consume Plenty of Green leafy Vegetables. 6. Walk Regularly 7. Wear Spectacles Regularly 8. Periodic Eye Check Up Once in Six Months 9. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 10. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 11. Salt Restricted Diet

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
499	431	PATNAIK N R	2060	PELLET PLANT	46/Male	120/80 n	Ht.: 174 Wt.: 65	21.469	'AB' POSITIVE	PFT:Mild Restriction	Known Diabetes Mellitus+Refractive Error (DV & NV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 9. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 10. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
500	629	MURALI A	2062	POWER PLANT - 95 MW	41/Male	112/76 n	Ht.: 160 Wt.: 61	23.828	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
501	239	BASAVARAJ M	2069	BENEFICIATION PLANT	54/Male	130/80 n	Ht.: 171 Wt.: 85	29.069	'O' POSITIVE	PFT:Mild Restriction	Known Diabetes Mellitus+Refractive Error (DV & NV) - Correction Given+Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG shows Poor Progression of R wave V1 - V6+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Resting ECG shows Poor Progression of R wave V1 - V6 - Refer to Cardiologist for Detailed Cardiac Evaluation6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 9. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 10. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 11. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 12. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
502	789	SUBRAMANYAM K V	2072	POWER PLANT - 95MW	39/Male	120/84 n	Ht.: 160 Wt.: 67	26.172	'B' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
503	102	VENKATESH U	2081	BENEFICIATION PLANT - I	44/Male	140/90 n	Ht.: 157 Wt.: 65	26.370	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
504	420	RAMA KRISHNA I	2083	PELLET PLANT - 1	42/Male	136/84 n	Ht.: 176 Wt.: 76	24.535	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
505	281	MAHABALESHWARA V	2084	STORES	49/Male	130/80 n	Ht.: 173 Wt.: 75	25.059	'O' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 9. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 10. Advised Care of Ears 11. Use Ear Plugs Regularly at Work Place
506	478	SYED MERAJ HUSSAIN	2104	PELLET PLANT - I & II	35/Male	106/70 n	Ht.: 171 Wt.: 60	20.519	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
507	840	VISHNUTEERTHA PRASANNA	2105	PELLET PLANT - I	32/Male	114/70 n	Ht.: 170 Wt.: 70	24.221	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
508	539	BALASUBRAMANYA B	2108	PELLET PLANT - I	34/Male	128/76 n	Ht.: 173 Wt.: 67	22.386	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Care of Ears 2. Use Ear Plugs Regularly at Work Place 3. Stop Smoking

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
509	108	PANCHATCHARAM K	2120	BENEFICIATION PLANT - 1	49/Male	116/80 n	Ht.: 160 Wt.: 63	24.609	'B' NEGATIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
510	738	ALLE VASANTH KUMAR	2124	PROJECTS	51/Male	100/64 n	Ht.: 177 Wt.: 69	22.024	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
511	918	BASAVARAJAPPA A	2125	ACCOUNTS	32/Male	130/80 n	Ht.: 172 Wt.: 75	25.352	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
512	424	VILAS GHEVADE	2133	POWER PLANT - 95 MW	43/Male	116/70 n	Ht.: 162 Wt.: 60	22.862	'B' POSITIVE	PFT:Normal Spirometry	Anemia+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Refer to Physician Treatment for Anemia 2. Nutritious Diet Advised 3. Deworming Advised Tab. Albendazole-400mg Stat 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months
513	20	MULLA ASIF HUSSAIN	2139	BENEFICIATION PLANT	34/Male	114/76 n	Ht.: 165 Wt.: 67	24.610	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy
514	582	RAMACHANDRA R	2140	STORES	43/Male	120/80 n	Ht.: 169 Wt.: 79	27.660	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
515	284	MADHAVAN D	2141	UTILITY	48/Male	140/90 n	Ht.: 169 Wt.: 99	34.663	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
516	143	GANESH G	2148	FINANCE	35/Male	130/80 n	Ht.: 171 Wt.: 73	24.965	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
517	594	SHIVA KUMAR M	2150	IT	38/Male	130/78 n	Ht.: 169 Wt.: 79	27.660	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
518	774	MAMATHA N B	2151	PURCHASE	31/Female	110/68 n	Ht.: 160 Wt.: 46	17.969	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
519	706	RAVI CHANDRA G	2157	PELLET PLANT - I	31/Male	110/80 n	Ht.: 162 Wt.: 65	24.768	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours.
520	428	RAMAKRISHNA P	2161	BENEFICIATION PLANT - 1	41/Male	110/70 n	Ht.: 176 Wt.: 71	22.921	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) +Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. No Improvement with Correction - Refer to Eye Specialist for Further Evaluation 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
521	159	BASAVARAJ K	2162	FINANCE & ACCOUNTS	35/Male	112/80 n	Ht.: 167 Wt.: 68	24.382	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
522	187	PRABHU KUMAR Y	2164	ENVIRONMENT	33/Male	110/78 n	Ht.: 175 Wt.: 85	27.755	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
523	884	RAMA KRISHNAM RAJU G	2171	POWER PLANT - I	40/Male	106/80 n	Ht.: 172 Wt.: 87	29.408	'B' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
524	624	SHANKAR	2176	RMHS	41/Male	120/80 n	Ht.: 164 Wt.: 48	17.847	'A' POSITIVE	PFT:Normal Spirometry	Hyperglycemic Status+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised FBS/PPBS 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Nutritious Diet Advised
525	386	RAMKUMAR C H	2177	POWER PLANT - 95 MW	37/Male	110/70 n	Ht.: 174 Wt.: 71	23.451	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
526	275	UMESH KUMAR K	2181	POWER PLANT	36/Male	110/70 n	Ht.: 160 Wt.: 62	24.219	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
527	952	SOMANATH H S	2182	POWER PLANT - 95 MW	37/Male	106/70 n	Ht.: 160 Wt.: 53	20.703	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Chest X - ray Shows Pulmonary Koch's in Right Upper Zone	1. Chest X - ray Shows Pulmonary Koch's in Right Upper Zone - Refer to Chest Physician for Further Evaluation & Treatment 2. Advised Sputum for AFB 3. Refer to DOTS Center for Evaluation
528	241	GHOUSE PEER A	2186	BENEFICIATION PLANT 1 & 2	50/Male	150/96 n	Ht.: 154 Wt.: 80	33.733	'AB' POSITIVE	PFT:Mild Restriction	Known Diabetes Mellitus+Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 7. Salt Restricted Diet 8. Periodic BP Monitoring 9. Wear Spectacles Regularly 10. Periodic Eye Check Up Once in Six Months 11. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 12. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 13. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 14. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 15. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
529	963	GANGADHARAIAH M P M	2187	POWER PLANT 2X70	37/Male	96/60 mr	Ht.: 171 Wt.: 56	19.151	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Nutritious Diet Advised 3. Clinically Healthy
530	296	SURESH D FONDEKAR	2189	POWER PLANT - 1	44/Male	124/82 n	Ht.: 175 Wt.: 58	18.939	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
531	426	AMAR SINGH R RAJAPOOT	2190	POWER PLANT - 95 MW	42/Male	100/66 n	Ht.: 171 Wt.: 64	21.887	'O' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Plenty of Oral Fluids
532	766	NAZEER B	2191	POWER PLANT - 2 X70	44/Male	120/80 n	Ht.: 169 Wt.: 60	21.008	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Mild Mixed Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Refer to ENT Specialist for Evaluation of Hearing 4. Advised Care of Ears 5. Use Ear Plugs Regularly at Work Place

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
533	501	SAMIULLA M	2192	POWER PLANT - 95 MW	38/Male	116/78 n	Ht.: 174 Wt.: 77	25.433	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Right Sided Mild Mixed Hearing Loss+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Refer to ENT Specialist for Evaluation of Hearing 4. Advised Care of Ears 5. Use Ear Plugs Regularly at Work Place
534	749	YARISWAMY S	2193	POWER PLANT - 95MW	41/Male	116/78 n	Ht.: 174 Wt.: 75	24.772	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
535	920	MAHESH KUMAR V	2196	SMS - ELECTRICAL	39/Male	110/78 n	Ht.: 160 Wt.: 84	32.812	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
536	739	RANGANATHA SWAMY	2199	POWER PLANT -95MW	48/Male	130/86 n	Ht.: 166 Wt.: 75	27.217	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
537	584	D V S REDDY	2200	PELLET PLANT - I	43/Male	110/70 n	Ht.: 182 Wt.: 94	28.378	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
538	623	MARKANDESHWARA R	2204	BENEFICIATION PLANT - I	40/Male	126/84 n	Ht.: 170 Wt.: 78	26.990	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
539	83	UMASHANKAR PRASAD	2212	POWER PLANT - 95MW	30/Male	126/80 n	Ht.: 166 Wt.: 64	23.225	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
540	295	NARASIMHA REDDY K	2216	POWER PLANT	29/Male	120/80 n	Ht.: 162 Wt.: 68	25.911	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
541	619	EDIGARA CHATRAPATHI	2217	POWER PLANT - 95 MW	38/Male	134/86 n	Ht.: 161 Wt.: 60	23.147	'O' POSITIVE	PFT:Normal Spirometry	Diabetes Mellitus+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Fasting Blood Sugar(12 hours fasting) & Post Prandial Blood Sugar(FBS/PPBS). 2. Advised to Avoid High Carbohydrates/High Protein Diet 3. Advised to Consume Plenty of Green leafy Vegetables. 4. Walk Regularly 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months
542	885	GOVARDHANA REDDY K	2219	POWER PLANT - I 95 MW	46/Male	124/76 n	Ht.: 166 Wt.: 68	24.677	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
543	552	ASHOK ACHARY K	2221	POWER PLANT - 95 MW	33/Male	128/76 n	Ht.: 175 Wt.: 73	23.837	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
544	224	MAHESH K	2222	POWER PLANT - 95MW	38/Male	130/80 n	Ht.: 171 Wt.: 60	20.519	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
545	639	RAVI KUMAR M	2228	PELLET PLANT - I	36/Male	156/100	Ht.: 170 Wt.: 75	25.952	'O' POSITIVE	PFT:Normal Spirometry	Uncontrolled Hypertension+Overweight+ Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Uncontrolled Hypertension - Refer to Physician for Immediate Management of Uncontrolled Hypertension. 2. Fitness Opinion to be given after his Hypertension status is relatively normal 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 6. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
546	64	MALLIKARJUN S	2232	STORES	33/Male	114/70 n	Ht.: 159 Wt.: 43	17.009	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
547	311	HARUN	2234	BENEFICIA TION PLANT	32/Male	128/78 n	Ht.: 163 Wt.: 70	26.346	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
548	333	RAGHAVENDRA H	2236	POWER PLANT 95 MW	33/Male	110/70 n	Ht.: 178 Wt.: 58	18.306	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
549	412	SOMANATH S	2237	SID	40/Male	110/70 n	Ht.: 173 Wt.: 69	23.055	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
550	128	MAMATHA C	2239	FINANCE & ACCOUNTS	30/Female	96/64 mr	Ht.: 158 Wt.: 55	22.032	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Plenty of Oral Fluids 3. Clinically Healthy
551	603	VENKATA RAO P	2242	PELLET PLANT - I	41/Male	114/82 n	Ht.: 164 Wt.: 61	22.680	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
552	336	A MOULA HUSSAIN	2243	UTILITY	30/Male	120/80 n	Ht.: 169 Wt.: 72	25.209	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
553	99	RANGANATH P	2255	BENEFICIATION PLANT - I	32/Male	126/80 n	Ht.: 164 Wt.: 66	24.539	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
554	909	PANKAJA K	2260	ADMIN	30/Female	110/74 n	Ht.: 158 Wt.: 68	27.239	'B' POSITIVE	PFT:Normal Spirometry	Severe Anemia+Overweight+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Severe Anemia - Refer to Physician for immediate management of Severe Anemia 2. Fitness to be given after Severe Anemia is Corrected 3. Nutritious Diet Advised 4. Dewoming Advised 5. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 6. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 7. Wear Spectacles Regularly 8. Periodic Eye Check Up Once in Six Months
555	261	GOWRAMMA S M	2261	ADMIN	33/Female	92/60 mr	Ht.: 152 Wt.: 55	23.805	'B' POSITIVE	PFT:PFT Not Done	Refractive Error (DV) - Correction Given+PFT Not Done+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
556	198	PARANDHAMAN	2263	FINANCE	38/Male	122/78 n	Ht.: 172 Wt.: 73	24.676	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
557	780	BASAVARAJA REDDY H	2264	FINANCE	36/Male	100/68 n	Ht.: 178 Wt.: 95	29.984	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
558	769	ANJANEYA D	2276	MARKETING	33/Male	120/80 n	Ht.: 166 Wt.: 58	21.048	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
559	592	ANIL KUMAR S C	2278	MARKETIN G	40/Male	148/92 n	Ht.: 182 Wt.: 93	28.076	'O' POSITIVE	PFT:Normal Spirometry	Hypertension+Overweight+ Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Tachycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Stop Smoking 9. Stop Chewing Tobacco
560	347	RAJASAB K	2284	SAFETY	46/Male	130/80 n	Ht.: 167 Wt.: 63	22.590	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
561	655	DADAPEER	2285	HUMAN RESOURCES	41/Male	120/80 n	Ht.: 168 Wt.: 60	21.259	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months
562	22	DADAPEER M	2290	BENEFICIA TION PLANT - I	39/Male	110/70 n	Ht.: 172 Wt.: 61	20.619	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
563	10	GURU PRASAD R	2291	BP - I	33/Male	110/70 n	Ht.: 174 Wt.: 74	24.442	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+ Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
564	896	SREEDHAR REDDY V	2298	RANJITHPURA	48/Male	120/76 n	Ht.: 167 Wt.: 73	26.175	'O' POSITIVE	PFT:Mild Restriction	Refractive Error (NV) - Correction Given+Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 6. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 7. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 8. Stop Smoking

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
565	725	RAJA S A	2305	OXYGEN PLANT & UTILITY	49/Male	148/96 n	Ht.: 163 Wt.: 86	32.369	'O' POSITIVE	PFT:Mild Restriction	Known Diabetes Mellitus+Known Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Mild Restriction+Right Sided Mild High Frequency Hearing Loss+Resting ECG shows RBBB+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Resting ECG shows RBBB - Refer to Cardiologist for Detailed Cardiac Evaluation 6. Periodic BP Monitoring 7. Salt Restricted Diet 8. Periodic Consultation with Physician/Cardiologist 9. Wear Spectacles Regularly 10. Periodic Eye Check Up Once in Six Months 11. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 12. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 13. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 14. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 15. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 16. Advised Care of Ears 17. Use Ear Plugs Regularly at Work Place

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
566	897	JAGADEESH T P	2308	ELECTRICAL SMS	44/Male	120/80 n	Ht.: 173 Wt.: 64	21.384	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
567	538	RAMESH GOULER	2314	LOGISTICS	38/Male	130/90 n	Ht.: 175 Wt.: 80	26.122	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 4. Clinically Healthy
568	259	HEMADRI BAI	2319	SECRETARIAL - F & A	40/Female	148/96 n	Ht.: 161 Wt.: 79	30.477	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restreicted Diet 6. Nutritious Diet Advised
569	554	MANJUNATH SUNAGAR	2320	LOGISTICS	35/Male	100/70 n	Ht.: 164 Wt.: 67	24.911	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
570	781	SHAILENDAR M	2331	POWER PLANT - 95MW	39/Male	124/70 n	Ht.: 172 Wt.: 62	20.957	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
571	599	DILIP KUMAR P	2334	POWER PLANT - 95 MW	42/Male	128/82 n	Ht.: 161 Wt.: 76	29.320	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
572	733	SETHIA P	2339	PURCHASE	51/Male	118/70 n	Ht.: 170 Wt.: 62	21.453	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
573	785	AMAR KUSHALI BANDEKAR	2340	SID	37/Male	96/60 mı	Ht.: 175 Wt.: 86	28.082	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Plenty of Oral Fluids
574	854	SUNIL KUMAR HOTTIN	2357	SID	30/Male	112/74 n	Ht.: 182 Wt.: 87	26.265	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
575	430	HANUMAPPA BISTARADDI	2377	POWER PLANT - 95MW	41/Male	116/70 n	Ht.: 164 Wt.: 68	25.283	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
576	344	SHRINIVAS KAMBLE	2381	PELLET PLANT I & II	34/Male	128/80 n	Ht.: 165 Wt.: 87	31.956	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
577	922	BABU S	2388	PELLET PLANT - I & II	33/Male	120/80 n	Ht.: 169 Wt.: 78	27.310	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
578	312	BHEEMASEN PRASAD D	2393	PELLET PLANT - I & II	33/Male	100/72 n	Ht.: 156 Wt.: 65	26.709	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
579	331	KHADAR BASHA	2395	UTILITY	31/Male	94/60 mr	Ht.: 175 Wt.: 69	22.531	'O' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Plenty of Oral Fluids 5. Clinically Healthy
580	449	KESHAV MURTHY G	2412	QUALITY ASSURANCE	45/Male	112/76 n	Ht.: 154 Wt.: 45	18.975	'A' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
581	326	SOMASHEKAR M	2416	SID	32/Male	144/90 n	Ht.: 167 Wt.: 74	26.534	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Stop Smoking 5. Clinically Healthy
582	528	DYAVANA GOUDA PATIL	2418	SID	29/Male	116/80 n	Ht.: 168 Wt.: 65	23.030	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
583	292	ASHOK J	2419	SID	27/Male	100/70 n	Ht.: 171 Wt.: 68	23.255	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
584	149	KRISHNA B	2422	SID - I	30/Male	100/68 n	Ht.: 177 Wt.: 75	23.939	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Stop Smoking 4. Nutritious Diet Advised 5. Plenty of Oral Fluids
585	577	RAMESH SABNIS	2425	PELLET PLANT - I	47/Male	140/88 n	Ht.: 166 Wt.: 60	21.774	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet
586	752	MARUTHI K	2430	ADMINISTR ATION	35/Male	110/80 n	Ht.: 177 Wt.: 73	23.301	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
587	719	VILAPATTEPPA KAMBAD	2438	SID	32/Male	116/74 n	Ht.: 177 Wt.: 79	25.216	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Stop Chewing Tobacco 4. Stop Smoking 5. Clinically Healthy
588	327	RAMPE TAGORE GIRI	2441	SID	37/Male	118/78 n	Ht.: 175 Wt.: 75	24.490	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Chest X - ray shows Bronchitis	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Chest X - ray shows Bronchitis - Refer to Cardiologist for Further Evaluation & Treatment
589	490	C S NAIDU	2445	SID	35/Male	116/78 n	Ht.: 160 Wt.: 60	23.438	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Care of Ears 2. Use Ear Plugs Regularly at Work Place
590	300	MAHENDRA PANDEY	2451	SID	49/Male	140/90 n	Ht.: 167 Wt.: 75	26.892	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet 6. Nutritious Diet Advised
591	718	LEELA PRASDAD K	2452	SID	34/Male	144/92 n	Ht.: 174 Wt.: 90	29.727	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Clinically Healthy
592	460	SAKTHIVEL S	2453	SID	32/Male	118/80 n	Ht.: 171 Wt.: 60	20.519	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
593	586	MUDDI BASAVARAJA	2462	PELLET PLANT - I	41/Male	106/74 n	Ht.: 171 Wt.: 74	25.307	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
594	417	RAVI B	2463	PELLET PLANT - 1	47/Male	126/80 n	Ht.: 168 Wt.: 76	26.927	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
595	4	RAMAKRISHNA RAO K	2471	METALLURGICAL SERVICE	36/Male	116/78 n	Ht.: 174 Wt.: 75	24.772	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
596	813	PRASHANTH KUMAR K	2474	PELLET PLANT - 1	37/Male	158/98 n	Ht.: 168 Wt.: 66	23.384	'O' NEGATIVE	PFT:Normal Spirometry	Known Hypertension+Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours.
597	479	SOMASHEKAR B A	2475	PELLET PLANT - I & II	39/Male	128/84 n	Ht.: 175 Wt.: 84	27.429	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
598	640	AWADHESH KUMAR	2480	BENEFICIATION PLANT - I	33/Male	124/80 n	Ht.: 161 Wt.: 73	28.162	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
599	76	S G V SANTOSH KUMAR	2482	QUALITY ASSURANCE	32/Male	124/84 n	Ht.: 165 Wt.: 65	23.875	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
600	651	GANESH R PUJAR	2484	BENEFICIATION PLANT - II	34/Male	134/78 n	Ht.: 166 Wt.: 76	27.580	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
601	62	PARTHIBAN G	2485	SID	31/Male	116/78 n	Ht.: 168 Wt.: 66	23.384	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
602	930	N V DURGA PRASAD M	2492	QUALITY ASSURANCE	31/Male	110/70 n	Ht.: 173 Wt.: 70	23.389	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
603	499	MOHAMMED GHOSE K	2494	QUALITY ASSURANCE	45/Male	140/94 n	Ht.: 169 Wt.: 84	29.411	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised Care of Ears 6. Use Ear Plugs Regularly at Work Place 7. Salt Restricted Diet 8. Nutritious Diet Advised
604	391	ANANTA JOSHI	2495	LOGISTICS	29/Male	150/96 n	Ht.: 163 Wt.: 66	24.841	'O' POSITIVE	PFT:Normal Spirometry	Hypertension+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
605	389	ANGOTHUSRINU	2496	SID	31/Male	128/80 n	Ht.: 171 Wt.: 73	24.965	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
606	692	CHANDRASHEKARA H	2499	PROJECTS	41/Male	120/74 n	Ht.: 170 Wt.: 81	28.028	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
607	141	SANJEEV B	2500	FINANCE	39/Male	146/92 n	Ht.: 163 Wt.: 60	22.583	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Periodic BP Monitoring 3. Clinically Healthy
608	606	R B DAVID	2504	POWER PLANT - 2X70	52/Male	140/90 n	Ht.: 173 Wt.: 71	23.723	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet
609	664	BHOJARAJA K	2522	SID - II	36/Male	120/80 n	Ht.: 165 Wt.: 65	23.875	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
610	848	RAMA RAO TUMARADA	2524	POWER PLANT - 2 X70	36/Male	126/74 n	Ht.: 162 Wt.: 64	24.387	'O' POSITIVE	PFT:Normal Spirometry	SIMC Left Eye+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Refer to Eye Specialist for Evaluation & Treatment of Senile Immature Cataract 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
611	812	PRAMOD KUMAR B	2530	QUALITY ASSURANCE	30/Male	110/70 n	Ht.: 169 Wt.: 74	25.909	'O' POSITIVE	PFT:Moderate Restriction	Refractive Error (DV) - Correction Given+Overweight+Moderate Restriction+Bilateral Hearing Within Normal Limits+Chest - X ray shows Dextrocardia	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 6. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 7. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 8. Stop Smoking
612	202	NANDISH M	2532	SID	32/Male	120/76 n	Ht.: 163 Wt.: 61	22.959	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
613	104	BAILAPPANAVARA LOKAPPA	2536	STORES	42/Male	124/82 n	Ht.: 165 Wt.: 61	22.406	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
614	917	VENKATESH K	2547	SMS	30/Male	110/70 n	Ht.: 178 Wt.: 63	19.884	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
615	648	ANAND S	2569	STORES	30/Male	130/84 n	Ht.: 163 Wt.: 79	29.734	'O' POSITIVE	PFT:Mild Restriction	Refractive Error (DV) - Correction Given+Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 6. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 7. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
616	309	HANUMANTHAPPA B	2572	STORES	43/Male	120/84 n	Ht.: 169 Wt.: 75	26.260	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
617	512	VIJAY KUMAR	2573	LOGISTICS	39/Male	136/90 n	Ht.: 185 Wt.: 105	30.679	'A' POSITIVE	PFT:Normal Spirometry	Loss of Vision - Right Eye+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. FIT TO WORK IN NONHAZARDOUS AREAS WHICH INVOLVE INSPECTION PROCESS/DANGEROUS PROCESS AS THE FIELD OF VISION IS RESTRICTED 2. Salt Restricted Diet 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
618	124	MANJUNATHA B M S	2574	STORES	41/Male	128/82 n	Ht.: 165 Wt.: 75	27.548	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
619	466	ANBALAGAN C	2576	RMHS	36/Male	156/100	Ht.: 174 Wt.: 105	34.681	'O' POSITIVE	PFT:Normal Spirometry	Uncontrolled Hypertension+Diabetes Mellitus+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Uncontrolled Hypertension - Refer to Physician for Immediate Management of Uncontrolled Hypertension. 2. Fitness Opinion to be given after his Hypertension status is relatively normal 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Advised Fasting Blood Sugar(12 hours fasting) & Post Prandial Blood Sugar(FBS/PPBS). 6. Advised to Avoid High Carbohydrates/High Protein Diet 7. Advised to Consume Plenty of Green leafy Vegetables. 8. Walk Regularly 9. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 10. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 11. Stop Smoking
620	150	DILLIP KUMAR SAHOO	2582	SID	37/Male	130/80 n	Ht.: 167 Wt.: 65	23.307	'O' NEGATIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
621	497	GUDADAPPA	2583	PELLET PLANT - I	31/Male	108/76 n	Ht.: 178 Wt.: 75	23.671	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
622	291	MANJUNATHA	2584	PELLET PLANT - I & II	30/Male	120/80 n	Ht.: 171 Wt.: 69	23.597	'A' NEGATIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
623	910	KOTRESH G M	2590	PR & LAISIONING	54/Male	128/88 n	Ht.: 164 Wt.: 64	23.795	'O' POSITIVE	PFT:Normal Spirometry	Diabetes Mellitus+Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Fasting Blood Sugar(12 hours fasting) & Post Prandial Blood Sugar(FBS/PPBS). 2. Advised to Avoid High Carbohydrates/High Protein Diet 3. Advised to Consume Plenty of Green leafy Vegetables. 4. Walk Regularly 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months
624	174	PRASAD P	2594	QUALITY ASSURANCE	34/Male	114/70 n	Ht.: 177 Wt.: 66	21.067	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
625	381	KOTRESH G	2598	BENEFICIATION PLANT - I	30/Male	108/72 n	Ht.: 155 Wt.: 57	23.725	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
626	147	TUKARAM T L	2607	ACCOUNTS	32/Male	108/74 n	Ht.: 192 Wt.: 71	19.260	'B' POSITIVE	PFT:Moderate Restriction	Refractive Error (DV) - Correction Given+Moderate Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Nutritious Diet Advised

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
627	419	RAMACHANDRA REDDY	2616	IF	45/Male	124/78 n	Ht.: 169 Wt.: 59	20.658	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
628	140	ANAND KUNDLIA	2619	FINANCE	33/Male	144/90 n	Ht.: 176 Wt.: 75	24.212	'O' POSITIVE	PFT:Normal Spirometry	Hyperglycemic Status+Known Hypertension+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised FBS/PPBS 2. Periodic BP Monitoring 3. Salt Restricted Diet 4. Periodic Consultation with Physician/Cardiologist 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months
629	262	SIDDALINGAMMA G	2620	HUMAN RESOURCES	54/Female	120/80 n	Ht.: 155 Wt.: 54	22.477	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
630	549	VENKATA POORNA CHANDRA SEETY	2623	POWER PLANT - 2 X 70	29/Male	130/84 n	Ht.: 173 Wt.: 75	25.059	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
631	70	CHANNABASAVA G	2631	RMHS	28/Male	118/80 n	Ht.: 161 Wt.: 78	30.091	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
632	559	IMMANUEL P	2634	SID	27/Male	108/70 n	Ht.: 164 Wt.: 59	21.936	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
633	212	KIRAN BABU R	2636	PELLET PLANT - I	29/Male	110/74 n	Ht.: 167 Wt.: 72	25.817	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
634	462	SARVESH D	2638	SID	31/Male	118/86 n	Ht.: 170 Wt.: 72	24.913	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
635	546	RAVIRAJA KUMAR SALIMATA	2641	SID	29/Male	130/80 n	Ht.: 178 Wt.: 84	26.512	'B' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
636	484	SHAMBULINGAIAH	2642	BENEFICIATION PLANT - II	31/Male	142/96 n	Ht.: 158 Wt.: 70	28.040	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Clinically Healthy
637	190	SURESH BABU K	2645	PELLET PLANT	27/Male	100/70 n	Ht.: 167 Wt.: 97	34.781	'B' NEGATIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
638	807	RAGHAVENDRA M P	2649	PURCHASE	34/Male	112/80 n	Ht.: 166 Wt.: 63	22.863	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
639	506	KHAJA MOHINUDDIN	2658	LOGISTICS	32/Male	134/90 n	Ht.: 164 Wt.: 76	28.257	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Salt Restricted Diet 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 4. Clinically Healthy
640	871	RAMACHANDRA REDDY G	2669	SMS	51/Male	98/62 mr	Ht.: 178 Wt.: 74	23.356	'B' NEGATIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
641	421	NAGESHWARA R	2670	PELLET PLANT - 1	44/Male	118/74 n	Ht.: 176 Wt.: 66	21.307	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
642	608	KIRAN KUMAR M	2676	PROJECTS	41/Male	112/80 n	Ht.: 172 Wt.: 69	23.323	'O' POSITIVE	PFT:Test Execution Not Sat	Refractive Error (NV) - Correction Given+Test Execution Not Satisfactory+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Stop Smoking
643	653	NANNESAB P	2677	BENEFICIATION PLANT - II	31/Male	110/78 n	Ht.: 165 Wt.: 64	23.508	'B' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours.

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
644	689	SREENIVASULU B	2686	PROJECTS	31/Male	110/80 n	Ht.: 167 Wt.: 71	25.458	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Nutritious Diet Advised 4. Clinically Healthy
645	550	JAYANTHA M S	2687	PELLET PLANT - I & II	38/Male	120/80 n	Ht.: 168 Wt.: 70	24.802	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
646	791	SHANKAR GOWDA I	2691	FINANCE & ACCOUNTS	39/Male	134/90 n	Ht.: 166 Wt.: 74	26.854	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight +Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
647	633	JAGADISH KUMAR N	2695	SID	42/Male	122/84 n	Ht.: 165 Wt.: 46	16.896	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
648	280	MANJAPPA H	2703	STORES	43/Male	150/100	Ht.: 166 Wt.: 73	26.492	'O' POSITIVE	PFT:Normal Spirometry	Uncontrolled Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Uncontrolled Hypertension - Refer to Physician for Immediate Management of Uncontrolled Hypertension. 2. Fitness Opinion to be given after his Hypertension status is relatively normal 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months 7. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 8. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
649	335	SIDDALINGESH WODEYAR	2714	BENEFICIATION PLANT - I & II	29/Male	116/74 n	Ht.: 168 Wt.: 65	23.030	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
650	548	YASHODA E	2716	POWER PLANT - 2 X 70	27/Female	92/60 mı	Ht.: 155 Wt.: 56	23.309	'B' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Plenty of Oral Fluids 5. Clinically Healthy
651	167	PHANI KUMAR Y	2719	SID	34/Male	110/70 n	Ht.: 171 Wt.: 79	27.017	'O' NEGATIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
652	227	CHAND BASHA J M	2724	SID	32/Male	130/80 n	Ht.: 172 Wt.: 75	25.352	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
653	332	BALAGANGADHARA TILAK	2727	LOGISTICS	28/Male	134/80 n	Ht.: 168 Wt.: 70	24.802	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
654	398	MANJUNATHA D	2729	PELLET PLANT - I & II	28/Male	130/80 n	Ht.: 164 Wt.: 65	24.167	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
655	983	PRASANNA H N	2730	PELLET PLANT - II	28/Male	110/84 n	Ht.: 172 Wt.: 74	25.014	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
656	838	RAJAKUMAR NAIK L	2734	OXYGEN PLANT & UTILITY	29/Male	126/80 n	Ht.: 170 Wt.: 80	27.682	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
657	642	MARULASIDDAPPA S	2738	BENEFICIATION PLANT - I	34/Male	126/78 n	Ht.: 182 Wt.: 79	23.850	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
658	652	MANJUNATH HANGARAKI	2741	PELLET PLANT - II	29/Male	138/90 n	Ht.: 165 Wt.: 60	22.039	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
659	630	MAHANTESH MATUR	2744	POWER PLANT - 95 MW	39/Male	140/94 n	Ht.: 166 Wt.: 82	29.758	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
660	89	KESHAVA REDDY B	2747	RMHS	34/Male	118/76 n	Ht.: 170 Wt.: 80	27.682	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
661	659	MOOLE AMBRESH	2752	POWER PLANT - 2X70	31/Male	110/78 n	Ht.: 168 Wt.: 72	25.510	'B' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
662	836	NAGENDER REDDY M	2753	METALLURGICAL SERVICES	32/Male	128/74 n	Ht.: 178 Wt.: 64	20.199	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
663	444	USHA B M	2755	POWER PLANT - 95 MW	26/Female	90/60 mr	Ht.: 156 Wt.: 53	21.778	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
664	406	IBRAHIM	2758	BENEFICIATION PLANT - I & II	29/Male	106/70 n	Ht.: 162 Wt.: 61	23.243	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
665	97	AVINASH S M	2759	RMHD	28/Male	108/70 n	Ht.: 172 Wt.: 44	14.873	'B' NEGATIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
666	487	SAILAN BABA	2761	SID	29/Male	114/70 n	Ht.: 165 Wt.: 64	23.508	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
667	926	MOHAMMED ATTAULLAH	2762	SID - II	29/Male	112/82 n	Ht.: 164 Wt.: 74	27.513	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
668	211	SUBHASH BANANNAVAR	2765	BENEFICIATION PLANT - II	30/Male	100/70 n	Ht.: 154 Wt.: 55	23.191	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
669	387	SREEKANTH REDDY R	2771	POWER PLANT 2X70	31/Male	130/86 n	Ht.: 189 Wt.: 95	26.595	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
670	182	SRINIVASA D	2775	FINANCE	30/Male	120/80 n	Ht.: 167 Wt.: 70	25.100	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
671	77	SRINIVAS RAO B	2780	QUALITY ASSURANCE	32/Male	126/78 n	Ht.: 167 Wt.: 70	25.100	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
672	634	ESHWARAPPA D S	2786	QUALITY ASSURANCE - BP & PP	31/Male	100/70 n	Ht.: 174 Wt.: 55	18.166	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Nutritious Diet Advised 2. Clinically Healthy
673	355	MANJUNATHA	2787	LOGISTICS	34/Male	112/78 n	Ht.: 165 Wt.: 63	23.140	'O' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Clinically Healthy
674	294	KRISHNAPPA G	2789	LOGISTICS	37/Male	100/70 n	Ht.: 168 Wt.: 66	23.384	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
675	103	GOVINDARAJ P S	2791	LOGISTICS	43/Male	130/82 n	Ht.: 168 Wt.: 74	26.219	'B' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Left Sided Mild Mixed Hearing Loss+Resting ECG Within Normal Limits	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Nutritious Diet Advised 7. Wear Spectacles Regularly 8. Periodic Eye Check Up Once in Six Months 9. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 10. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 11. Refer to ENT Specialist for Evaluation of Hearing 12. Advised Care of Ears 13. Use Ear Plugs Regularly at Work Place
676	265	YUVARAJ M	2795	LOGISTICS	33/Male	124/80 n	Ht.: 168 Wt.: 56	19.841	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Nutritious Diet Advised 2. Clinically Healthy
677	677	KAILASH BABU	2796	SID - III	33/Male	118/84 n	Ht.: 161 Wt.: 64	24.690	'O' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
678	663	YERRISWAMY K	2798	BAR MILL	31/Male	136/80 n	Ht.: 169 Wt.: 103	36.063	'AB' POSITIVE	PFT:Normal Spirometry	Severe Anemia+Colour Deficiency+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Severe Anemia - Refer to Physician for immediate management of Severe Anemia 2. Fitness to be given after Severe Anemia is Corrected 3. Nutritious Diet Advised 4. Dewoming Advised 5. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
679	82	VEERESH S G	2802	SID - III	32/Male	118/78 n	Ht.: 170 Wt.: 82	28.374	'B' POSITIVE	PFT:Mild Restriction	Refractive Error (DV) - Correction Given+Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 6. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 7. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
680	156	YELLOJI RAO G	2806	FINANCE	39/Male	140/90 n	Ht.: 163 Wt.: 74	27.852	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet 6. Nutritious Diet Advised
681	155	VIJAY GOVINDA D	2807	FINANCE & ACCOUNTS	42/Male	150/96 n	Ht.: 167 Wt.: 62	22.231	'B' POSITIVE	PFT:Normal Spirometry	Hypertension+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray++	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Nutritious Diet Advised
682	913	RAMAKRISHNA K	2809	SID	41/Male	126/80 n	Ht.: 155 Wt.: 56	23.309	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
683	363	AVINASH B	2810	PELLET PLANT - I & II	34/Male	126/84 n	Ht.: 164 Wt.: 85	31.603	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Nutritious Diet Advised 4. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
684	446	DURGAPRASAD V S	2818	METALLURGICAL SERVICES	48/Male	100/70 n	Ht.: 166 Wt.: 76	27.580	'B' POSITIVE	PFT:Moderate Restriction	Known Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Moderate Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 8. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 9. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 10. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
685	578	SANTOSH D	2821	PROJECTS	40/Male	130/78 n	Ht.: 176 Wt.: 70	22.598	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
686	125	PAMPAPATHI K	2823	STORES	36/Male	110/70 n	Ht.: 165 Wt.: 69	25.344	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
687	722	RAGHAVENDRA K	2824	SID	33/Male	108/72 n	Ht.: 164 Wt.: 64	23.795	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
688	690	GAURAV SELAT	2825	PROJECTS	37/Male	140/90 n	Ht.: 173 Wt.: 80	26.730	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Clinically Healthy
689	753	MAHENDRA PRATAP SINGH	2827	PURCHASE	55/Male	120/80 n	Ht.: 175 Wt.: 84	27.429	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Nutritious Diet Advised
690	635	SHIVA KUMAR N	2833	QUALITY ASSURANCE	41/Male	116/78 n	Ht.: 168 Wt.: 76	26.927	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
691	481	SRIKANTH Y N	2838	BENEFICIATION PLANT - I	32/Male	108/74 n	Ht.: 177 Wt.: 75	23.939	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
692	152	SUBRAJIT KANUNGO	2841	SID	37/Male	120/80 n	Ht.: 171 Wt.: 70	23.939	'B' NEGATIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
693	723	MOHAMMED KHAJA NASEERUDDIN	2846	SID	30/Male	118/80 n	Ht.: 174 Wt.: 90	29.727	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
694	647	AMARNATH H	2847	SMS	38/Male	150/98 n	Ht.: 173 Wt.: 76	25.393	'B' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Hypertension+Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months 7. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 8. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
695	473	ASHOK KUMAR REDDY G	2849	SID	33/Male	120/82 n	Ht.: 170 Wt.: 72	24.913	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
696	962	DILIP KUMAR SWAIN	2852	SID	34/Male	120/76 n	Ht.: 163 Wt.: 61	22.959	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
697	267	MANJUNATH M V	2853	SID	43/Male	118/80 n	Ht.: 157 Wt.: 64	25.965	'A' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 9. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
698	702	SYED AKHTAR	2857	POWER PLANT - 95 MW	39/Male	130/84 n	Ht.: 158 Wt.: 67	26.839	'A' POSITIVE	PFT:Normal Spirometry	Diabetes Mellitus+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Fasting Blood Sugar(12 hours fasting) & Post Prandial Blood Sugar(FBS/PPBS). 2. Advised to Avoid High Carbohydrates/High Protein Diet 3. Advised to Consume Plenty of Green leafy Vegetables. 4. Walk Regularly 5. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 6. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
699	445	CHINNABBAI D	2876	SID - I	30/Male	130/80 n	Ht.: 163 Wt.: 63	23.712	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
700	650	ARVIND H	2880	PELLET PLANT - II	24/Male	130/80 n	Ht.: 174 Wt.: 75	24.772	'AB' POSITIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Clinically Healthy
701	959	VIKRAM KUMAR K N	2881	PELLET PLANT - II	33/Male	120/80 n	Ht.: 177 Wt.: 69	22.024	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
702	705	TEJRAJ	2899	BENEFICIATION PLANT - II	27/Male	124/80 n	Ht.: 168 Wt.: 73	25.865	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
703	720	CHETAN P PAIL	2900	POWER PLANT - 2X70	31/Male	104/70 n	Ht.: 176 Wt.: 70	22.598	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
704	234	SURENDRA N S	2902	RMHS	28/Male	128/80 n	Ht.: 167 Wt.: 69	24.741	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
705	542	BHAPURI UMESHA	2904	LOGISTICS	39/Male	112/78 n	Ht.: 167 Wt.: 63	22.590	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Stop Smoking 4. Stop Chewing Tobacco

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
706	90	BHARGAVA K S	2906	RMHD	31/Male	98/60 mr	Ht.: 170 Wt.: 73	25.260	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Plenty of Oral Fluids 4. Clinically Healthy
707	553	CHANDAGUNDI THIPPESWAMY	2909	RMHS	28/Male	110/70 n	Ht.: 163 Wt.: 55	20.701	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
708	498	G V MAHANTESH	2910	ENVIRONMENT	35/Male	120/80 n	Ht.: 165 Wt.: 60	22.039	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
709	784	BASAVARAJ	2916	RMHS	29/Male	134/86 n	Ht.: 174 Wt.: 64	21.139	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy
710	225	VINAY KUMAR R	2920	RMHS	29/Male	128/84 n	Ht.: 173 Wt.: 65	21.718	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
711	235	PARASHURAMA H	2922	RMHS	27/Male	130/80 n	Ht.: 162 Wt.: 61	23.243	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
712	911	MANJUNATHA C	2924	RMHD	29/Male	100/70 n	Ht.: 157 Wt.: 62	25.153	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
713	244	B DAS GUPTA	2926	RMHD	53/Male	120/84 n	Ht.: 167 Wt.: 74	26.534	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Nutritious Diet Advised
714	661	DEEPAK BILLUR	2928	QUALITY ASSURANCE	40/Male	118/80 n	Ht.: 167 Wt.: 66	23.665	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
715	919	AJJAIAH N	2929	PURCHASE	30/Male	120/72 n	Ht.: 170 Wt.: 64	22.145	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
716	314	SYED IRFAN BASHA	2930	I & A	33/Male	148/94 n	Ht.: 171 Wt.: 70	23.939	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Retricted Diet 4. Periodic BP Monitoring
717	846	RAMAN GOWDA R	2941	SMS	37/Male	108/70 n	Ht.: 172 Wt.: 87	29.408	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
718	596	MAHESH H	2942	FINANCE & ACCOUNTS	32/Male	118/70 n	Ht.: 173 Wt.: 104	34.749	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Stop Chewing Tobacco 6. Nutritious Diet Advised

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

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719	792	RAJEEV LOCHAN SANGAM	2945	PELLET PLANT - II	32/Male	110/68 n	Ht.: 171 Wt.: 71	24.281	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy
720	558	RITESH KUMAR	2946	PELLET PLANT - II	34/Male	126/80 n	Ht.: 166 Wt.: 62	22.500	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
721	432	LAXMAN RAO NETTEM	2947	BULK MATERIAL	52/Male	110/70 n	Ht.: 169 Wt.: 72	25.209	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG shows RBBB with T inversion in V1, V2, V3+Normal Chest - X ray	1. Resting ECG shows RBBB with T inversion in V1, V2, V3 - Refer to Cardiologist for Detailed Cardiac Evaluation 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
722	886	SAI BABA H	2949	LOGISTICS	33/Male	114/82 n	Ht.: 170 Wt.: 71	24.567	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
723	26	SYED BABA FAKRUDDIN	2951	BENEFICIATION PLANT - I	26/Male	108/70 n	Ht.: 170 Wt.: 73	25.260	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
724	38	PRAVEEN KUMAR K	2952	STORES	29/Male	120/80 n	Ht.: 178 Wt.: 77	24.302	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
725	868	N V V PRASAD	2953	QUALITY ASSURANCE	46/Male	108/66 n	Ht.: 166 Wt.: 72	26.129	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
726	638	VINOD KUMAR K M	2958	STORES	32/Male	126/80 n	Ht.: 158 Wt.: 55	22.032	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
727	509	VIJAY KUMAR N	2961	POWER PLANT - 2 X 70	29/Male	110/70 n	Ht.: 175 Wt.: 72	23.510	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
728	710	VENKATA RAMANA D	2966	POWER PLANT - 95 MW	32/Male	100/68 n	Ht.: 174 Wt.: 80	26.424	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
729	856	KARNE VIJAYA KUMAR	2967	POWER PLANT - 95MW	38/Male	110/76 n	Ht.: 169 Wt.: 74	25.909	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
730	882	SESHAGIRI RAO K	2970	PROJECTS - CIVIL	55/Male	148/100	Ht.: 177 Wt.: 85	27.131	'B' NEGATIVE	PFT:Normal Spirometry	Hypertension+Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
731	773	AJJAIAH T M	2971	QUALITY ASSURANCE	43/Male	100/66 n	Ht.: 176 Wt.: 61	19.693	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised 4. Plenty of Oral Fluids
732	504	JAGADEESH KARANJI	2973	POWER PLANT - 95 MW	36/Male	116/70 n	Ht.: 188 Wt.: 75	21.220	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Advised Care of Ears 2. Use Ear Plugs Regularly at Work Place
733	78	ONKARAPPA	2980	BENEFICIATION PLANT - II	36/Male	110/80 n	Ht.: 171 Wt.: 78	26.675	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
734	511	KANCHIRAJULA N SREEKANTH	2982	OXYGEN PLANT & UTILITY	34/Male	114/72 n	Ht.: 168 Wt.: 74	26.219	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
735	806	RAGHAVENDRA REDDY B	2984	PURCHASE	32/Male	120/74 n	Ht.: 178 Wt.: 90	28.406	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
736	320	HARISH C	2986	PROJECT	29/Male	94/62 mr	Ht.: 161 Wt.: 60	23.147	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
737	496	MASALA SEENA	2987	POWER PLANT 2 X 70	29/Male	108/74 n	Ht.: 167 Wt.: 67	24.024	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
738	555	REVANASIDDA K G	2999	QUALITY ASSURANC E	28/Male	110/70 n	Ht.: 166 Wt.: 68	24.677	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
739	825	ROOPESH KUMAR	3090	LOGISTICS	29/Male	120/80 n	Ht.: 175 Wt.: 63	20.571	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Stop Smoking 2. Clinically Healthy
740	114	KRISHNA A R	3768	PELLET PLANT	62/Male	110/70 n	Ht.: 169 Wt.: 79	27.660	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
741	643	DR K M ANJINI	3788	HUMAN RESOURCES - OHC	62/Male	140/88 n	Ht.: 163 Wt.: 77	28.981	'O' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (DV & NV) - Correction Given+Known Hypertension+Overweight+ Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Periodic BP Monitoring 9. Salt Restricted Diet 10. Periodic Consultation with Physician/Cardiologist 11. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 12. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 13. Advised Care of Ears 14. Use Ear Plugs Regularly at Work Place

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
742	750	BASAVARAJU M	4005	SID	45/Male	118/80 n	Ht.: 164 Wt.: 76	28.257	'B' POSITIVE	PFT:Mild Restriction	Refractive Error (NV) - Correction Given+Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 6. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 7. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
743	605	B V RAO	4013	POWER PLANT - 95 MW	51/Male	126/80 n	Ht.: 161 Wt.: 84	32.406	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Mild Mixed Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Refer to ENT Specialist for Evaluation of Hearing 6. Advised Care of Ears 7. Use Ear Plugs Regularly at Work Place
744	507	CHANNABASAVA RAJ	4017	POWER PLANT - 2 X 70	30/Male	108/70 n	Ht.: 168 Wt.: 66	23.384	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

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745	245	RAJA BUDANKAYALA	4027	FINANCE & ACCOUNTS	34/Male	94/62 mr	Ht.: 167 Wt.: 78	27.968	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Plenty of Oral Fluids 4. Clinically Healthy
746	865	MAHESH M	4028	OXYGEN PLANT & UTILITY	46/Male	96/62 mr	Ht.: 177 Wt.: 67	21.386	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
747	912	VONNA REDDY G	4029	POWER PLANT 2 X 70	33/Male	114/76 n	Ht.: 167 Wt.: 64	22.948	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
748	101	SRINIVAS RAO M	4030	ADMIN	47/Male	148/92 n	Ht.: 172 Wt.: 84	28.394	'B' POSITIVE	PFT:Mild Restriction	Known Diabetes Mellitus+Known Hypertension+Overweight+ Refractive Error (DV & NV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Periodic BP Monitoring 7. Salt Restricted Diet 8. Periodic Consultation with Physician/Cardiologist 9. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 10. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 11. Wear Spectacles Regularly 12. Periodic Eye Check Up Once in Six Months 13. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 14. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 15. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
749	915	PRABHAKAR S L	4035	SMS	30/Male	100/66 n	Ht.: 167 Wt.: 70	25.100	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
750	576	IRSHAD AHAMED	4041	SMS	41/Male	96/64 mr	Ht.: 165 Wt.: 74	27.181	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Plenty of Oral Fluids
751	699	POOJITH SHETTY	4042	SMS	31/Male	106/70 n	Ht.: 176 Wt.: 89	28.732	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
752	465	MAHANTESH	4054	RMHS	32/Male	114/82 n	Ht.: 174 Wt.: 78	25.763	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
753	132	BASAVA PRABHU	4057	STORES	38/Male	120/76 n	Ht.: 163 Wt.: 70	26.346	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
754	434	CHANDRASHEKHAR G BELLAD	4058	SAFETY	46/Male	86/60 mr	Ht.: 174 Wt.: 67	22.130	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
755	385	RAGHAVENDRA KEERTHI K S	4061	PROJECTS	31/Male	110/70 n	Ht.: 173 Wt.: 68	22.720	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
756	168	KONTHANUR KALMATAPPA	4074	STORES	38/Male	150/98 n	Ht.: 165 Wt.: 62	22.773	'AB' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist
757	330	SANDURA YUVARAJ	4075	UTILITY	30/Male	98/62 mr	Ht.: 169 Wt.: 70	24.509	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
758	600	MANISH D VERNEKAR	4076	BENEFICIA TION PLANT - I	44/Male	122/84 n	Ht.: 174 Wt.: 80	26.424	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
759	254	LAVULUTI RAMESH	4077	STORES	43/Male	110/80 n	Ht.: 168 Wt.: 70	24.802	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
760	170	PRAVEEN KUMAR P G	4080	OXYGEN PLANT	26/Male	126/82 n	Ht.: 158 Wt.: 51	20.429	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
761	158	ASHOK N	4093	FINANCE	30/Male	126/82 n	Ht.: 180 Wt.: 79	24.383	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
762	786	MALAVIKA RON	4099	ADMINISTRATION	44/Female	120/80 n	Ht.: 154 Wt.: 81	34.154	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
763	569	RAJASEKHAR G	4101	PROJECTS	41/Male	100/66 n	Ht.: 161 Wt.: 76	29.320	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Bradycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Plenty of Oral Fluids 4. Clinically Healthy
764	183	MARUTHI G	4102	FINANCE	29/Male	110/70 n	Ht.: 172 Wt.: 72	24.337	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
765	700	SANDEEP KUMAR M	4104	POWER PLANT - 95 MW	27/Male	124/76 n	Ht.: 176 Wt.: 69	22.275	'O' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours.
766	179	RAGHAVENDRA RAO R V	4106	QUALITY ASSURANCE	30/Male	110/70 n	Ht.: 161 Wt.: 60	23.147	'O' POSITIVE	PFT:Normal Spirometry	Loss of Vision - Left Eye+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. FIT TO WORK IN NONHAZARDOUS AREAS WHICH INVOLVE INSPECTION PROCESS/DANGEROUS PROCESS AS THE FIELD OF VISION IS RESTRICTED

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
767	736	RAMESH C H	4108	PROJECTS	57/Male	110/70 n	Ht.: 161 Wt.: 82	31.635	'O' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
768	579	BABAJI S D	4109	PROJECTS	45/Male	150/98 n	Ht.: 157 Wt.: 68	27.587	'B' POSITIVE	PFT:Normal Spirometry	Hypertension+Overweight+ Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG shows Incomplete RBBB+Normal Chest - X ray	1. Resting ECG shows Incomplete RBBB - Refer to Cardiologist for Detailed Cardiac Evaluation 2. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 6. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 7. Wear Spectacles Regularly 8. Periodic Eye Check Up Once in Six Months
769	169	VENKATESULU M	4111	QUALITY ASSURANC E	35/Male	122/84 n	Ht.: 168 Wt.: 65	23.030	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
770	976	SHIVARAJ KUMAR N	4114	HUMAN RESOURCES	29/Male	110/72 n	Ht.: 159 Wt.: 50	19.778	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
771	795	KALAYAN CHAKRAVARTHI B	4117	QUALITY ASSURANCE	38/Male	124/80 n	Ht.: 164 Wt.: 67	24.911	'AB' NEGATIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly
772	734	ANIL KUMAR S	4118	PURCHASE	47/Male	114/74 n	Ht.: 162 Wt.: 60	22.862	'A' NEGATIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Stop Chewing Tobacco
773	893	RAVI RAJ	4125	RMHS	29/Male	98/64 mr	Ht.: 164 Wt.: 72	26.770	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Stop Smoking 4. Plenty of Oral Fluids 5. Clinically Healthy
774	390	RAVI KUMAR G NAYAKA	4126	LOGISTICS	31/Male	124/84 n	Ht.: 173 Wt.: 64	21.384	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
775	349	PRASAD J N	4127	LOGISTICS	39/Male	124/82 n	Ht.: 158 Wt.: 69	27.640	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised Care of Ears 6. Use Ear Plugs Regularly at Work Place

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
776	574	DATTATRAYA PATIL	4128	METALLURGICAL SERVICES	52/Male	160/100	Ht.: 161 Wt.: 56	21.604	'B' POSITIVE	PFT:Normal Spirometry	Uncontrolled Hypertension+Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Uncontrolled Hypertension - Refer to Physician for Immediate Management of Uncontrolled Hypertension. 2. Fitness Opinion to be given after his Hypertension status is relatively normal 3. Salt Restricted Diet 4. Periodic BP Monitoring 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months
777	967	SUBASH A	4134	IT	31/Male	96/60 mr	Ht.: 168 Wt.: 70	24.802	'AB' POSITIVE	PFT:Mild Restriction	Refractive Error (DV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 5. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 6. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 7. Plenty of Oral Fluids
778	609	BASAVARAJ	4143	PROJECTS	36/Male	120/80 n	Ht.: 176 Wt.: 68	21.952	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
779	933	SANTHOSH REDDY K	4162	BULK MATERIAL	40/Male	150/98 n	Ht.: 165 Wt.: 71	26.079	'O' POSITIVE	PFT:Normal Spirometry	Hypertension+Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Shows Sinus Tachycardia Otherwise Within Normal Limits+Normal Chest - X ray	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
780	636	KAMAL NAIK	4166	PELLET PLANT - I	34/Male	130/68 n	Ht.: 171 Wt.: 73	24.965	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
781	793	JYOTHI B	4167	STORES	34/Female	112/74 n	Ht.: 162 Wt.: 67	25.530	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
782	565	K G FALDESSAI	4169	RMHS	48/Male	120/80 n	Ht.: 173 Wt.: 75	25.059	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
783	831	AMIT KUMAR VIMAL	4170	PELLET PLANT - I	28/Male	118/80 n	Ht.: 163 Wt.: 57	21.454	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
784	907	VISWANATH G	4182	SMS	44/Male	140/94 n	Ht.: 170 Wt.: 65	22.491	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet
785	324	VIJAY VITTALA A	4185	RMHD	41/Male	96/60 mr	Ht.: 169 Wt.: 70	24.509	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
786	243	RAJESH KUMAR	4189	RMHD	42/Male	98/66 mr	Ht.: 162 Wt.: 70	26.673	'AB' POSITIVE	PFT:Normal Spirometry	Diabetes Mellitus+Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Fasting Blood Sugar(12 hours fasting) & Post Prandial Blood Sugar(FBS/PPBS). 2. Advised to Avoid High Carbohydrates/High Protein Diet 3. Advised to Consume Plenty of Green leafy Vegetables. 4. Walk Regularly 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months 7. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 8. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 9. Plenty of Oral Fluids
787	175	MARADI MANJUNATHA	4190	QUALITY ASSURANCE	30/Male	118/70 n	Ht.: 168 Wt.: 70	24.802	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Smoking 2. Clinically Healthy
788	458	RAGHU N	4194	I & A	26/Male	110/80 n	Ht.: 160 Wt.: 52	20.312	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
789	285	GOPAL KRISHNA S	4195	BULK MATERIAL	49/Male	120/80 n	Ht.: 171 Wt.: 56	19.151	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
790	199	MOHAN M T	4197	FINANCE	38/Male	112/74 n	Ht.: 180 Wt.: 70	21.605	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Chest - X ray shows Bilateral Calcified Pulmonary Koch's	1. Chest - X ray shows Bilateral Calcified Pulmonary Koch's - Refer to Chest Physician for Further Evaluation & Treatment 2. Advised Sputum for AFB 3. Refer to DOTS Center for Evaluation 4. Nutritious Diet Advised 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months
791	903	NAGARAJA B	4205	OXYGEN PLANT & UTILITY	25/Male	110/78 n	Ht.: 161 Wt.: 55	21.218	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
792	617	VISHWANATH SWAMY S M	4211	BULK MATERIAL	48/Male	130/86 n	Ht.: 168 Wt.: 64	22.676	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
793	362	VINOD KUMAR A	4218	QUALITY ASSURANCE	25/Male	140/90 n	Ht.: 157 Wt.: 76	30.833	'O' NEGATIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Salt Restricted Diet 4. Clinically Healthy
794	823	SURAJ CHARATE	4222	SMS	26/Male	100/70 n	Ht.: 171 Wt.: 55	18.809	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
795	821	PRAFUL KUMAR B	4228	OXYGEN PLANT & UTILITY	26/Male	116/82 n	Ht.: 175 Wt.: 70	22.857	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
796	3	VIJAY BADIGER	4229	IT	33/Male	120/80 n	Ht.: 166 Wt.: 50	18.145	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
797	372	RAMESH K	4231	STORES	25/Male	100/70 n	Ht.: 158 Wt.: 47	18.827	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
798	968	MITTANA SURESH	4236	SMS	27/Male	100/62 n	Ht.: 162 Wt.: 51	19.433	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Plenty of Oral Fluids 3. Clinically Healthy
799	2	VEERESH B	4238	I & A	30/Male	94/66 mı	Ht.: 177 Wt.: 72	22.982	'A' NEGATIVE	PFT:Mild Restriction	Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 2. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 3. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 4. Plenty of Oral Fluids 5. Clinically Healthy
800	698	RAGHAVENDRA K	4239	SID - II	32/Male	110/78 n	Ht.: 163 Wt.: 79	29.734	'AB' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
801	957	VEERESH K	4240	QUALITY ASSURANCE	29/Male	118/78 n	Ht.: 163 Wt.: 61	22.959	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
802	181	HANUMANTHAPPA K	4244	QUALITY ASSURANCE	27/Male	116/70 n	Ht.: 177 Wt.: 70	22.344	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
803	81	TARUN KUMAR J	4246	BENEFICIATION PLANT - I	32/Male	100/70 n	Ht.: 168 Wt.: 70	24.802	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Left Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Care of Ears 4. Use Ear Plugs Regularly at Work Place
804	830	SANTOSH NANDA	4251	RMHS	32/Male	118/84 n	Ht.: 177 Wt.: 76	24.259	'O' POSITIVE	PFT:Mild Restriction	Refractive Error (DV) - Correction Given+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Stop Smoking
805	628	VISHWANATH A	4257	POWER PLANT - 95 MW	27/Male	110/74 n	Ht.: 168 Wt.: 67	23.739	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
806	27	MANJUNATH T K	4258	BAR MILL	31/Male	134/86 n	Ht.: 164 Wt.: 64	23.795	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
807	668	GIRISH KUMAR M V	4263	PELLET PLANT - I	28/Male	134/76 n	Ht.: 181 Wt.: 93	28.387	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
808	683	VAMSHI KRISHNA	4267	SMS	36/Male	158/96 n	Ht.: 163 Wt.: 86	32.369	'O' NEGATIVE	PFT:Normal Spirometry	Hypertension+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 2. Salt Restricted Diet 3. Periodic BP Monitoring 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 8. Stop Smoking
809	597	MRUTHUNJAYA T	4269	PELLET PLANT - I	50/Male	132/84 n	Ht.: 165 Wt.: 84	30.854	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
810	242	KUNWAR ABHINEET	4272	RMHD	33/Male	122/86 n	Ht.: 183 Wt.: 79	23.590	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
811	489	AVINASH E	4279	HUMAN RESOURCES	28/Male	116/80 n	Ht.: 166 Wt.: 55	19.959	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
812	943	CHANDRAGOWD M	4283	QUALITY ASSURANCE	32/Male	94/60 mr	Ht.: 167 Wt.: 73	26.175	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Plenty of Oral Fluids 4. Clinically Healthy
813	864	GANESH HEGDE	4284	ADMIN	32/Male	112/74 n	Ht.: 176 Wt.: 56	18.079	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
814	157	TIRUPATHI DAFTARDAR	4285	FINANCE & ACCOUNTS	31/Male	120/80 n	Ht.: 168 Wt.: 104	36.848	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
815	589	D B NAIK	4288	PR & LAISIONING	45/Male	124/80 n	Ht.: 172 Wt.: 69	23.323	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
816	522	K JOHNSON	4294	PELLET PLANT - I	33/Male	100/70 n	Ht.: 167 Wt.: 82	29.402	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Stop Smoking 4. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

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817	119	SHARANABASAYYA	4296	STORES - MATERIALS	47/Male	100/70 n	Ht.: 171 Wt.: 59	20.177	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Chest - X ray shows Pulmonary Koch's in Right Upper Zone	1. Chest - X ray shows Pulmonary Koch's in Right Upper Zone - Refer to Chest Physician for Further Evaluation & Treatment 2. Advised Sputum for AFB 3. Refer to DOTS Center for Evaluation 4. Nutritious Diet Advised 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months
818	130	ANITHA R	4297	FINANCE & ACCOUNTS	26/Female	100/70 n	Ht.: 150 Wt.: 51	22.667	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
819	614	MAHADEVASWAMY M	4298	POWER PLANT - 95 MW	35/Male	112/76 n	Ht.: 180 Wt.: 77	23.765	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
820	741	RAJU B R	4300	PURCHASE	43/Male	102/68 n	Ht.: 164 Wt.: 60	22.308	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
821	731	RAMESH C S	4301	PURCHASE	41/Male	128/84 n	Ht.: 163 Wt.: 81	30.487	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
822	921	SHIVAJI YADAV	4302	SMS	43/Male	118/74 n	Ht.: 166 Wt.: 68	24.677	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
823	339	PARASURAM KULKARNI	4304	OXYGEN PLANT & UTILITY	36/Male	128/80 n	Ht.: 166 Wt.: 60	21.774	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
824	870	JOSHI MAHESH V	4305	SMS	46/Male	148/96 n	Ht.: 170 Wt.: 60	20.761	'A' POSITIVE	PFT:Normal Spirometry	Diabetes Mellitus+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Fasting Blood Sugar(12 hours fasting) & Post Prandial Blood Sugar(FBS/PPBS). 2. Advised to Avoid High Carbohydrates/High Protein Diet 3. Advised to Consume Plenty of Green leafy Vegetables. 4. Walk Regularly 5. Wear Spectacles Regularly 6. Periodic Eye Check Up Once in Six Months 7. Salt Restricted Diet 8. Perioidc BP Monitoring
825	686	NAGABUSHANA REDDY P	4306	SID	35/Male	130/84 n	Ht.: 176 Wt.: 90	29.055	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
826	500	BANGARI	4307	OXYGEN PLANT & UTILITY	38/Male	130/84 n	Ht.: 175 Wt.: 75	24.490	'B' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly
827	197	MARUTHI PRASAD D	4309	SAFETY	32/Male	128/80 n	Ht.: 156 Wt.: 61	25.066	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
828	457	GOVINDACHARY	4312	I & A	51/Male	130/90 n	Ht.: 170 Wt.: 70	24.221	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet
829	348	ESHWAR VEL CHENDIL	4314	STORES	33/Male	118/74 n	Ht.: 161 Wt.: 74	28.548	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
830	184	AMRUTH H	4318	FINANCE & ACCOUNTS	26/Male	130/80 n	Ht.: 172 Wt.: 55	18.591	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
831	510	SHANTHAPPA G	4325	SAFETY	37/Male	100/68 n	Ht.: 172 Wt.: 74	25.014	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Stop Chewing Tobacco
832	802	BHAVANI SHANKAR	4330	SMS	26/Male	136/90 n	Ht.: 162 Wt.: 65	24.768	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Salt Restricted Diet
833	716	RAVI KIRAN	4332	SMS	24/Male	112/78 n	Ht.: 165 Wt.: 67	24.610	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
834	946	KAMBLI SUNIL	4339	SMS	24/Male	128/76 n	Ht.: 177 Wt.: 70	22.344	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours.
835	916	GURU BASAVARAJ	4341	SMS	23/Male	126/84 n	Ht.: 166 Wt.: 69	25.040	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
836	801	SURESH V	4342	SMS MECHANICAL	25/Male	100/70 n	Ht.: 167 Wt.: 61	21.872	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy
837	924	MAJJI GERI JAGADEESH	4344	SMS	22/Male	100/76 n	Ht.: 172 Wt.: 78	26.366	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
838	714	LAXMAN NAGARAL	4348	SMS	25/Male	90/60 mr	Ht.: 164 Wt.: 55	20.449	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Nutritious Diet Advised 3. Clinically Healthy
839	535	SHARATH KUMAR C	4349	OXYGEN PLANT & UTILITY	26/Male	130/82 n	Ht.: 168 Wt.: 67	23.739	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

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Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
840	71	VEERESH NAIK L K	4352	BAR MILL	33/Male	140/96 n	Ht.: 168 Wt.: 72	25.510	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Salt Restricted Diet
841	191	RAMANALI SWAMY G	4356	STORES	25/Male	120/80 n	Ht.: 160 Wt.: 60	23.438	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
842	477	HARIJANA GIRISHA	4359	QUALITY ASSURANC E	30/Male	120/84 n	Ht.: 164 Wt.: 50	18.590	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Nutritious Diet Advised
843	974	SANJAY GANESH T R	4360	PELLET PLANT - I	26/Male	110/76 n	Ht.: 171 Wt.: 61	20.861	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
844	928	HARIOM TIROLE	4364	SMS	30/Male	130/84 n	Ht.: 174 Wt.: 78	25.763	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
845	18	KIRAN KUMAR CHATRAD	4368	BAR MILL	33/Male	110/80 n	Ht.: 173 Wt.: 93	31.074	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

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846	616	PRASAD K	4370	OXYGEN PLANT & UTILITY	31/Male	98/66 mr	Ht.: 160 Wt.: 60	23.438	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Plenty of Oral Fluids
847	775	ANIL KUMAR S	4371	PROJECTS	29/Male	112/74 n	Ht.: 177 Wt.: 76	24.259	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy
848	397	RAGHAVENDRA PRASHANTH RAO G V	4372	PELLET PLANT - I & II	29/Male	104/72 n	Ht.: 174 Wt.: 70	23.121	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
849	676	DHANUNJAYA P	4374	BAR MILL	31/Male	130/86 n	Ht.: 166 Wt.: 73	26.492	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
850	58	SANTOSH R K	4375	BAR MILL	35/Male	120/80 n	Ht.: 163 Wt.: 66	24.841	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
851	824	MURUDI SAI HARSHANANDA	4379	SMS	22/Male	114/80 n	Ht.: 171 Wt.: 60	20.519	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Smoking 2. Clinically Healthy
852	811	ROBINSON DUTTA	4380	SMS	33/Male	114/76 n	Ht.: 170 Wt.: 75	25.952	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
853	290	VALIBASHA J	4381	PELLET PLANT I & II	24/Male	108/70 n	Ht.: 175 Wt.: 80	26.122	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
854	164	SURESH K	4388	IT	34/Male	120/80 n	Ht.: 162 Wt.: 73	27.816	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
855	977	B M CHANDRA SHEKAR	4389	SMS	27/Male	130/82 n	Ht.: 183 Wt.: 71	21.201	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
856	209	RAMESH K	4390	ENVIRONMENT	36/Male	120/80 n	Ht.: 158 Wt.: 61	24.435	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
857	172	BASAVARAJ M	4391	ENVIRONMENT	31/Male	144/96 n	Ht.: 164 Wt.: 61	22.680	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Hypertension+Normal Spirometry+Right Sided Mild High Frequency Hearing Loss+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised BP Monitoring With the Physician for 3 Consecutive Days and to follow the advise given by the Physician 4. Salt Restricted Diet 5. Periodic BP Monitoring 6. Advised Care of Ears 7. Use Ear Plugs Regularly at Work Place
858	853	SHREENIVAS SHETTY	4393	SMS	34/Male	118/80 n	Ht.: 161 Wt.: 57	21.990	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
859	374	ANJINI KUMAR S	4394	SAFETY	34/Male	108/70 n	Ht.: 170 Wt.: 64	22.145	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
860	900	AMARJET CHAUDHARY	4395	SMS	25/Male	128/82 n	Ht.: 165 Wt.: 68	24.977	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Smoking 2. Clinically Healthy
861	832	SELVA KUMAR M	4405	SMS	33/Male	122/76 n	Ht.: 173 Wt.: 69	23.055	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
862	987	YASEEN MD	4415	FINANCE	27/Male	120/80 n	Ht.: 179 Wt.: 107	33.395	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
863	966	MATH MALLIKARJUN R	4418	SMS	31/Male	90/68 mr	Ht.: 170 Wt.: 71	24.567	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
864	388	MAHANTESH YALLAPUR	4419	MRSS	30/Male	120/80 n	Ht.: 166 Wt.: 50	18.145	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
865	373	SIVA KUMAR B	4422	SAFETY	32/Male	126/80 n	Ht.: 166 Wt.: 67	24.314	'B' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
866	817	MAHESH CHOUDHARY	4431	SMS	37/Male	130/84 n	Ht.: 156 Wt.: 61	25.066	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
867	770	RAVI GOEL	4442	PURCHASE	29/Male	118/76 n	Ht.: 172 Wt.: 63	21.295	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy
868	934	PIUSH CHATURVEDI	4446	SMS	30/Male	124/70 n	Ht.: 161 Wt.: 71	27.391	'A' POSITIVE	PFT:Normal Spirometry	Diabetes Mellitus+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Fasting Blood Sugar(12 hours fasting) & Post Prandial Blood Sugar(FBS/PPBS). 2. Advised to Avoid High Carbohydrates/High Protein Diet 3. Advised to Consume Plenty of Green leafy Vegetables. 4. Walk Regularly 5. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 6. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
869	437	PRANESHA	4451	OXYGEN PLANT & UTILITY	51/Male	128/80 n	Ht.: 164 Wt.: 82	30.488	'A' POSITIVE	PFT:Mild Restriction	Refractive Error (DV & NV) - Correction Given+Known Hypertension+Overweight+ Mild Restriction+Bilateral Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Periodic BP Monitoring 4. Salt Restricted Diet 5. Periodic Consultation with Physician/Cardiologist 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 8. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 9. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 10. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 11. Advised Care of Ears 12. Use Ear Plugs Regularly at Work Place
870	901	DILEEP MAHALE	4453	SMS OPERATION	32/Male	114/74 n	Ht.: 177 Wt.: 76	24.259	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
871	799	RAJESH KUMAR YADAV	4454	SMS	30/Male	130/86 n	Ht.: 169 Wt.: 68	23.809	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy
872	556	ASHOKA H N	4455	HUMAN RESOURCES	30/Male	130/82 n	Ht.: 181 Wt.: 68	20.756	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
873	302	AMLAN SOURAV DAS	4460	SID	31/Male	120/80 n	Ht.: 169 Wt.: 69	24.159	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
874	810	SHARDUL SAWARDEKAR	4461	SMS	38/Male	106/68 n	Ht.: 172 Wt.: 80	27.042	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Nutritious Diet Advised 4. Clinically Healthy
875	814	A CHANDRASEKHARA GOWD	4465	SMS	27/Male	128/84 n	Ht.: 171 Wt.: 69	23.597	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
876	513	RAMULU B	4467	SMS	29/Male	120/80 n	Ht.: 155 Wt.: 64	26.639	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
877	891	SAKTHI MURUGESWARAN K	4473	SMS	42/Male	100/70 n	Ht.: 172 Wt.: 106	35.830	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
878	715	ARUN KUMAR G	4474	SMS	30/Male	100/70 n	Ht.: 181 Wt.: 94	28.693	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
879	438	ANNADURAI M	4480	SMS	44/Male	118/74 n	Ht.: 173 Wt.: 88	29.403	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
880	961	RAMESH V	4481	SMS - MECH	30/Male	128/82 n	Ht.: 176 Wt.: 92	29.700	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
881	670	ISHAN BAKSHI	4485	SMS	25/Male	120/80 n	Ht.: 176 Wt.: 58	18.724	'AB' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy
882	970	KUPPAN V	4487	MRSS	30/Male	108/70 n	Ht.: 176 Wt.: 76	24.535	'AB' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
883	857	RAGHUNATHA M S	4498	SMS	33/Male	108/74 n	Ht.: 165 Wt.: 71	26.079	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
884	850	GANESH K	4505	SMS	31/Male	114/68 n	Ht.: 166 Wt.: 50	18.145	'B' NEGATIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
885	492	VIGNESH P	4506	MRSS	26/Male	140/94 n	Ht.: 181 Wt.: 83	25.335	'B' POSITIVE	PFT:Mild Restriction	Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Salt Restricted Diet 7. Clinically Healthy
886	809	VIKAS KHARE	4514	SMS	33/Male	110/70 n	Ht.: 157 Wt.: 58	23.530	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
887	328	PRASHANT TRIVEDI	4515	LOGISTICS	32/Male	120/80 n	Ht.: 176 Wt.: 76	24.535	'B' NEGATIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
888	530	SURYA PRAKASH GOUD G	4521	METALLURGICAL SERVICES	25/Male	118/80 n	Ht.: 173 Wt.: 66	22.052	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Stop Smoking
889	942	ALEXSANDAR A	4524	SMS	29/Male	126/82 n	Ht.: 168 Wt.: 84	29.762	'B' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
890	685	VASANT KUMAR KOPPAD 38	4527	SMS	38/Male	100/70 n	Ht.: 175 Wt.: 88	28.735	'O' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
891	982	LOKANATH SAHU	4530	SID	35/Male	114/70 n	Ht.: 174 Wt.: 78	25.763	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
892	394	KRISHNAMURTHY	4532	LOGISTICS	28/Male	128/80 n	Ht.: 170 Wt.: 68	23.529	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
893	17	DOMBARA MANJUNATH	4533	BAR MILL	29/Male	120/80 n	Ht.: 170 Wt.: 72	24.913	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
894	979	M KALYANA CHAKRAVARTHI	4534	SMS	36/Male	130/86 n	Ht.: 171 Wt.: 85	29.069	'O' NEGATIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
895	304	ASHWATH KUMAR Y K	4538	LOGISTICS	26/Male	126/84 n	Ht.: 167 Wt.: 68	24.382	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
896	329	RAMESH POLICE	4544	LOGISTICS	31/Male	120/80 n	Ht.: 163 Wt.: 61	22.959	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
897	988	KOTHA VIKAS	4549	FINANCE	27/Male	114/72 n	Ht.: 161 Wt.: 66	25.462	'A' POSITIVE	PFT:Normal Spirometry	Colour Deficiency+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Fit to Work in Areas which does not involve Colour Identification/ Colour Coding/Colour Mixing & Processes which involve use of Colours. 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
898	721	PRAVEEN KUMAR G	4553	POWER PLANT - 95 MW	33/Male	128/78 n	Ht.: 176 Wt.: 60	19.370	'B' NEGATIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Nutritious Diet Advised
899	927	VIVEK KUMAR MISHRA	4555	SMS	30/Male	126/70 n	Ht.: 172 Wt.: 70	23.661	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Smoking 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
900	248	NARASIMHAMURTHY K	4557	FINANCE & ACCOUNTS	48/Male	104/68 n	Ht.: 162 Wt.: 50	19.052	'B' POSITIVE	PFT:Mild Restriction	Refractive Error (NV) - Correction Given+Mild Restriction+Left Sided Mild High Frequency Hearing Loss+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 4. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 5. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga). 6. Advised Care of Ears 7. Use Ear Plugs Regularly at Work Place 8. Nutritious Diet Advised
901	888	KUMAR V METI	4560	ROLLING MILL	36/Male	132/88 n	Ht.: 166 Wt.: 81	29.395	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Stop Chewing Tobacco 4. Stop Smoking 5. Clinically Healthy
902	867	MANOJ AGRAWAL	4567	COMMERCIAL	48/Male	100/68 n	Ht.: 175 Wt.: 73	23.837	'A' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months 6. Nutritious Diet Advised
903	958	SANTHOSHA POOJARY	4568	SMS	30/Male	112/80 n	Ht.: 176 Wt.: 64	20.661	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
904	306	SANDHYA G	4572	ADMINISTRATION	24/Female	90/60 mr	Ht.: 159 Wt.: 52	20.569	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
905	889	JAGAN MOHAN KUMAR T	4574	HUMAN RESOURCES	50/Male	130/80 n	Ht.: 160 Wt.: 70	27.344	'B' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (DV & NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 9. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 10. Stop Smoking
906	1	BALARAMA KRISHNA	4575	COO	53/Male	130/80 n	Ht.: 187 Wt.: 110	31.456	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Chest X - ray shows Bronchitis	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Chest X - ray shows Bronchitis - Refer to Cardiologist for Further Evaluation & Treatment

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
907	876	APPALA VENUGOPAL	4580	LOGISTICS	51/Male	128/80 n	Ht.: 172 Wt.: 72	24.337	'B' POSITIVE	PFT:Normal Spirometry	Known Hypertension+Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic BP Monitoring 2. Salt Restricted Diet 3. Periodic Consultation with Physician/Cardiologist 4. Wear Spectacles Regularly 5. Periodic Eye Check Up Once in Six Months
908	684	ATUL ROTKAR	4582	SMS	38/Male	124/76 n	Ht.: 172 Wt.: 85	28.732	'O' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
909	862	BALASUBRAMANYAM P	4583	SID	49/Male	134/86 n	Ht.: 165 Wt.: 61	22.406	'B' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
910	382	BASAVARAJ A	4585	MARKETING	35/Male	128/82 n	Ht.: 166 Wt.: 65	23.588	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Stop Smoking 2. Clinically Healthy
911	57	SHASHI KUMAR K	4586	IT	29/Male	130/80 n	Ht.: 176 Wt.: 115	37.126	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
912	729	PRAHALLADA M	4587	LOGISTICS	43/Male	122/88 n	Ht.: 176 Wt.: 90	29.055	'B' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 7. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
913	505	ASHOK KUMAR H	4588	LOGISTICS	36/Male	112/76 n	Ht.: 163 Wt.: 66	24.841	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits	1. Clinically Healthy
914	540	KRSIHNA PRASAD P	4589	SID	33/Male	122/80 n	Ht.: 178 Wt.: 81	25.565	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
915	732	PANCHADA SRINIVASU	4593	PELLET & BENEFICIATION	50/Male	120/84 n	Ht.: 166 Wt.: 90	32.661	'O' POSITIVE	PFT:Mild Restriction	Refractive Error (DV & NV) - Correction Given+Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 5. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 6. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 7. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
916	50	PARAMESHWARA P C	4594	BENEFICIATION PLANT - II	27/Male	136/84 n	Ht.: 164 Wt.: 83	30.860	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
917	591	RAJAGOPAL SATULURI	4595	PROJECTS	48/Male	128/76 n	Ht.: 176 Wt.: 75	24.212	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV & NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months
918	503	NAGA POLAJI NUKALA	4596	POWER PLANT - 2X70	32/Male	108/70 n	Ht.: 163 Wt.: 66	24.841	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
919	849	BARIKARA RAGHU	4597	POWER PLANT - 2 X 70	28/Male	110/70 n	Ht.: 160 Wt.: 50	19.531	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Clinically Healthy

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
920	953	KIRAN KANTH S N M	4598	POWER PLANT - 2X70	29/Male	94/68 mr	Ht.: 180 Wt.: 65	20.062	'A' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Plenty of Oral Fluids 2. Clinically Healthy
921	618	YALLAPPA	4599	BULK MATERIAL	41/Male	128/80 n	Ht.: 176 Wt.: 79	25.504	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
922	794	RAMAWATAR RAJAK	4601	SMS	29/Male	100/70 n	Ht.: 160 Wt.: 60	23.438	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits +Normal Chest - X ray	1. Clinically Healthy
923	808	DINESH H M	4602	PURCHASE	30/Male	130/90 n	Ht.: 173 Wt.: 78	26.062	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Salt Restricted Diet 2. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 3. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 4. Clinically Healthy
924	735	SHANKAR Y	4603	MRSS	48/Male	122/76 n	Ht.: 162 Wt.: 67	25.530	'O' POSITIVE	PFT:Normal Spirometry	Known Diabetes Mellitus+Refractive Error (NV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Periodic Fasting Blood Sugar (12 hours fasting) & Post Prandial Blood Sugar (FBS/PPBS). 2. Periodic Consultation with the Physician/Diabetologist 3. Advised to Avoid High Carbohydrates / High Protein Diet 4. Advised to Consume Plenty of Green leafy Vegetables. 5. Walk Regularly 6. Wear Spectacles Regularly 7. Periodic Eye Check Up Once in Six Months 8. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 9. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
925	874	SANTOSH KULKARNI	4604	METALLURGICAL SERVICE	42/Male	118/78 n	Ht.: 166 Wt.: 84	30.483	'O' POSITIVE	PFT:Normal Spirometry	Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Clinically Healthy
926	843	YERRISWAMY	4605	METALLURGICAL SERVICES	30/Male	112/80 n	Ht.: 165 Wt.: 52	19.100	'O' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Chest X - ray Shows Pulmonary Koch's in Right Mid Zone	1. Chest X - ray Shows Pulmonary Koch's in Right Mid Zone - Refer to Chest Physician for Further Evaluation & Treatment 2. Advised Sputum for AFB 3. Refer to DOTS Center for Evaluation 4. Nutritious Diet Advised
927	954	ALOK THAKUR	4606	SMS	24/Male	100/72 n	Ht.: 181 Wt.: 79	24.114	'B' POSITIVE	PFT:Normal Spirometry	Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Clinically Healthy
928	771	SANTOSH M DUNDANNANAVAR	4608	ENVIRONMENT	34/Male	110/80 n	Ht.: 173 Wt.: 77	25.728	'A' POSITIVE	PFT:Normal Spirometry	Overweight+Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 2. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 3. Wear Spectacles Regularly 4. Periodic Eye Check Up Once in Six Months 5. Stop Smoking

Company Name : **BMM ISPAT LIMITED**

Address : NO.114, DANAPUR VILLAGE, HOSPET TALUK, BELLARY DIST - 583 222

24-Aug-2017

ANNEXURES: 2

RIA DIAGNOSTICS

Fin Year : **2017-2018**

LINE LISTING OF EMPLOYEES FOR SPECIAL EXAMINATION

SNo	Lab No	Name	E. No	Dept.	Age/Sex	BP		BMI	B.Grp		Diagnosis	Advice
929	116	KUBERAPPA M	4609	STORES	44/Male	120/76 n	Ht.: 165 Wt.: 71	26.079	'B' POSITIVE	PFT:Mild Restriction	Refractive Error (DV & NV) - Correction Given+Overweight+Mild Restriction+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Nutritious Diet Advised 2. Wear Spectacles Regularly 3. Periodic Eye Check Up Once in Six Months 4. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 5. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises 6. Advised to Avoid Direct Exposure to Occupational Lung Hazards (Ref : - NIOSH Guidelines) Viz., Mineral Dusts / Organic Dusts / Chemical Dusts / Fumes / Mists & Sprays / Irritant Gases / Vapours. 7. Recommended to use Personal Protective Equipments such as properly selected Respirator / Mask. 8. Advised Breathing Exercises Regularly & Good Life Style Practices like Pranayaama (Form of Yoga).
930	695	SIVA SHANKAR GURUMURTHY	4612	SMS	37/Male	124/80 n	Ht.: 171 Wt.: 85	29.069	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Overweight+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Advised Weight Reduction -Brisk Walk Regularly for 40 Minutes Every day. 4. Life Style Modifications Desired- Fat Free Diet/ Regular Exercises
931	969	SHEKHAR KUMAR SINGH	4613	SMS	27/Male	106/72 n	Ht.: 169 Wt.: 67	23.459	'A' POSITIVE	PFT:Normal Spirometry	Refractive Error (DV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months 3. Stop Smoking
932	881	VENKATESH B	4614	SID	42/Male	122/80 n	Ht.: 162 Wt.: 60	22.862	'O' POSITIVE	PFT:Normal Spirometry	Refractive Error (NV) - Correction Given+Normal Spirometry+Bilateral Hearing Within Normal Limits+Resting ECG Within Normal Limits+Normal Chest - X ray	1. Wear Spectacles Regularly 2. Periodic Eye Check Up Once in Six Months